

# Patch Program

## Welcome!

My name is Kailyn but at camp I am called Lumos! I am the camp director at Camp Liberty and I am so excited that you are thinking of joining us for all the adventures to come with summer camp 2024.

So, what is this patch? This patch is to help you learn more about our summer camp and all the fun that you can have here! It will introduce you to what to expect when you are here, traditions, activities and all that makes Girl Scout camp such a special place so you can feel more prepared.

Our staff are excited to welcome friends both old and new to Camp Liberty. There is a magic to camp that is hard to find anywhere else and friendship to formed that can last a lifetime. Whether you've never been to camp before or have been dozens of times, there is always something new to explore and discover.







Whether you are looking forward to getting out on the lake, taking aim at archery, getting to spend time with our adorable herd of horses or getting to spend time hanging out and singing around the fire with your fellow Girl Scouts, we look forward to welcoming you to camp this summer.

See you at camp! Lumos

# How to earn your patch!\*



## Quiz

Need help figuring out where to start when deciding a session? Take this quiz to get ideas of sessions to check out!

What's your dream pet?

A. A turtle! It can go on adventures with me on land and water.

B. A cat or horse or axolotl or who are you kidding you love them all!

C. A parrot! Something colorful and I could teach it to talk!

D. A dog! I want a pet that keep up and come with me to explore the world.

Who is your favorite Disney Princess?

A. Ariel! I'd love to be a mermaid.

B. Snow White! I want to hang out with all her woodland friends!

C. Rapunzel! I love painting just like her!

D. Mulan! She never backs down from a challenge!

What's your dream vacation?

A. Visiting the ocean and exploring the beaches!

B. The zoo and getting to see all of the animals!

C. The theater! Seeing a show with all its glitz and glamour.

D. Camping! Going on an adventure and trying something new.

What word would your friends use to describe you?

A. Relaxed! You are always ready to go with the flow

B. Caring! You look out for those around you.

C. Creative! You've always got a new project you're working on.

D. Daring! You love to try new things and are up for a challenge.

What's your favorite color?

A. Blue

B. Green

C. Rainbow

D. Red

What is your must pack extra item for camp?

A. Googles! You have to be prepared for pool time.

B. A camera to capture pictures of all the wildlife you see at camp!

C. Color pencils and paper to draw during during R&R time.

D. Sunglasses! You can't let sun in your eyes slow you down on the trail.

Results

See which letters you answered most and look below to get an idea of what camp sessions might be a good fit for you!

#### **Mostly Bs**

You are an animal lover! Spending time with your four legged friends is your favorite way to spend the summer!
Spend time with the animals that call camp home with sessions like Dr.
Zoolittle or Horsin' Around.

#### **Mostly Ds**

You do not back away from a challenge! You are ready to try new things, take risks and discover new experiences. Climb to new heights with sessions like Zip Away!, On Belay and Climb On!

What's your favorite subject in school?

A. Science

B. History

C. Art

D. P.E./ Gym

What is your favorite Girl Scout Cookie?

A. Trefoils! They are perfect for dunking in milk.

B. Thin Mints! A Girl Scout classic for a reason.

C. Carmel Delites! A perfect balance of so many unique parts with coconut, caramel and chocolate.

D. Adventurefuls! Something new and exciting in the lineup.

#### **Mostly As**

You love the water! Whether swimming at the pool or paddling down at Flint Lake, you are a real mermaid! Dive into sessions like Splish Splash, Afloat or Flint Lake Floaters.

#### **Mostly Cs**

You are as creative as they come! Spend your summer painting your next masterpiece or mastering the latest DIY. Flex your artistic skills with sessions like Artist's Palette, Artrageous or Create It!

There are a lot more sessions too if these aren't what you're looking for!

## How to Pick A Session

#### **Theme**

Sessions have different themes that you can pick through to find something that you enjoy! Some themes are water based, art, science, climbing, horses, nature and more! Your session will focus more on that topic and get to do special activities that are only for your session.

If you can't pick there are sessions at every age that does a bit of everything! Check out Ready, Set, Camp, Happy Camper and Eclectic Adventure.

#### Length

There are a few different lengths of session offered and its important to choose how long you are comfortable staying at camp and what fits in your schedule.

 Mini Sessions: These sessions are 2 nights/3 days are a great intro to camp or to fit in a busy schedule.

Classic Sessions: 5 nights/6 days.
These are a traditional week with lots of time for activities

Extended Sessions: For experienced campers in the horse program and Leadership camps, these session last 9 or 10 nights depending on the session.



Some sessions build on what you've done previously at camp. You must have done the previous session(s) in order to attend that session like in the Progressive Horse Program. This way you can do new things and build your skills each year! Get started in the program with eQuestrians!

All campers will earn a badge while at camp for their age level and a patch from a GSUSA patch program that they take home with them.



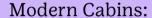
## Housing

There are a few different options of where to stay at camp and you get to know where you will be staying when you look at sessions in the camp guide. Learn a bit more about where you can stay at Camp Liberty!

#### **Rustic Cabins:**

The Ridge, Outpost, North Star & Prairie's Edge

Enjoy a classic camp experience in these units. They feature cabins that house up to four campers on cots. There is electricity in the unit, but not in the individual cabins.



Woodlands & Horseshoe Bend

These recently updated units feature cabins or mini barns with bunkbeds holding up to 6 campers with counselors staying a nearby individual cabin. Cabins feature electricity and overhead fans.

#### Lodge Cabins:

Clover, Violet & Sunflower

These units are connected to the lodge and feature bunkbeds that can hold up to 20 campers from two different groups in a dorm style. Counselors stay in an attached room. These units are airconditioned and have attached restrooms and showers.







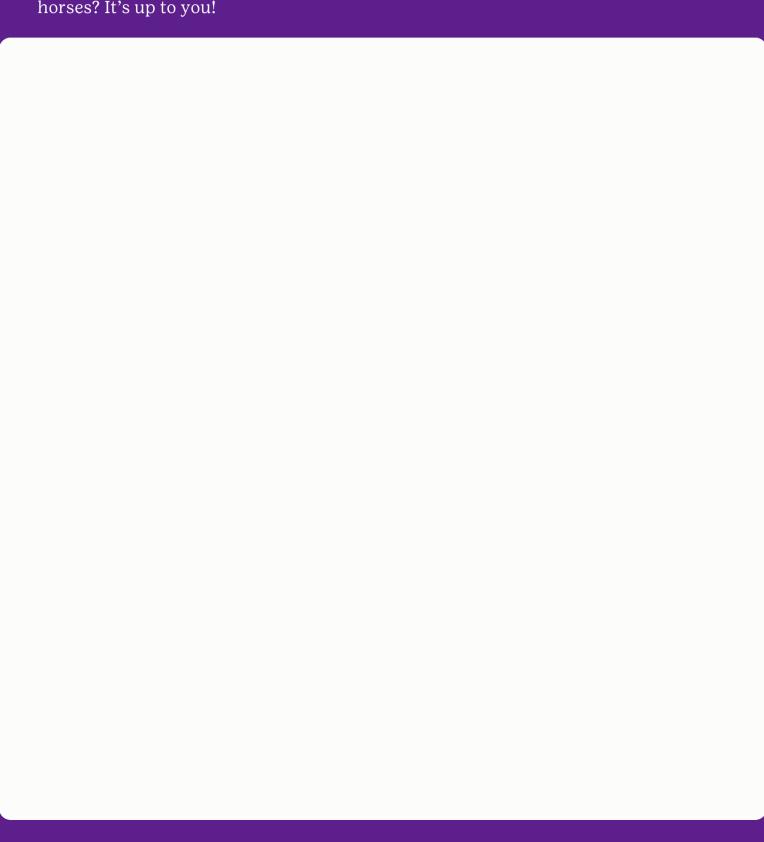


#### **Travel**

Some sessions offer an opportunity to take the fun outside of camp! From day trips like Dr. Zoolittle going to visit the Niabi Zoo to multinight trips like Climb On going on an outdoor climbing excursion in Wisconsin, there are many opportunities to travel with camp!

### **Your Perfect Camp Day**

Now that you've heard of a bunch of things you can do at camp. Think of all the things you want to try and adventures you want to go on and draw out your perfect day at camp! Are you taking aim at archery? Hiking down to the lake to spend some time on the water? Or maybe you are heading to the barn to spend time with the horses? It's up to you!



## Places around camp

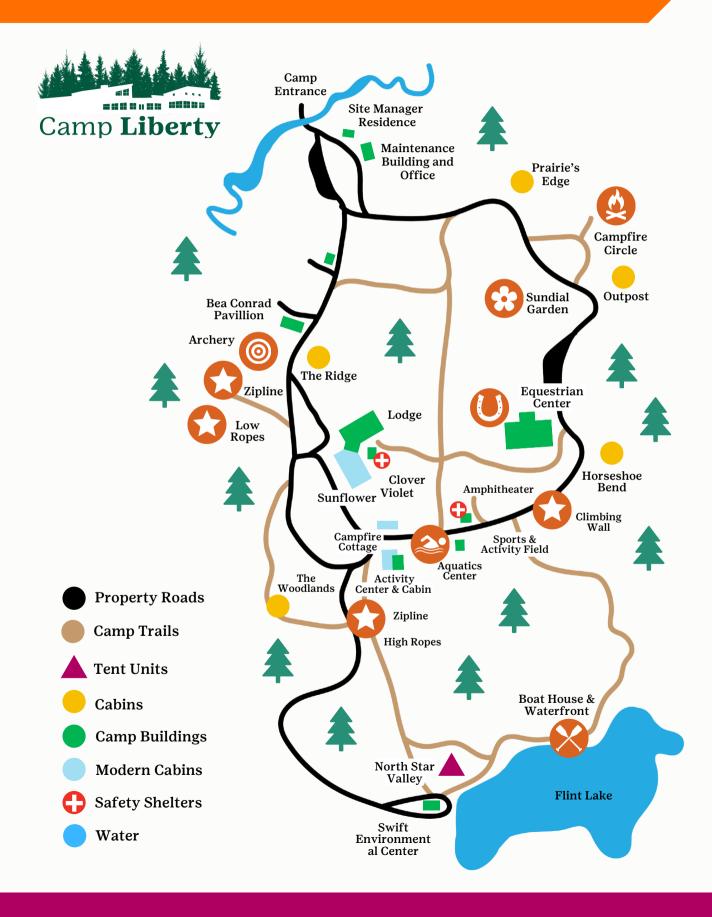
G B K A K Y T F Y K R N I Z P P T H E R I D G E H LBSVUHRWYWJIMJHIWOODLANDS TRHIXYABPUVGATHERINGPLACE ACZOAVDGMRTEJKJVRVVZSVERS LGALLCIPSBEACONRADUIWCYCW MAPEILNOFUOMOHOKKAZMSADII RRVTHOGMTXNHVACKJZINGRDXF BCQTBVPXFTLDKVGPACFRUQKBT GHLRGEOAPUGLIZPOYHWKOOWRS DACMARSUTDOOXAMLOWROPESPF BLZAGLTTTECDAWLYORGITFWEI OLTXDZIHOPOGIWVGBTYKBOHRN WEWIDVXHSTOEIGGSARVHZWOGA HNNBZQEBOSNSFTNNBRANCNROL DGAGAKHNFXIDTDHCGRDFEOSLN IEBRURVKTFLINTLAKEFERREAI KCTDCONOYUSTPSLSKWAINTSDG AOOOXHIJEQRMIGERGMWLOHHSH SUUBKSEBUAXESGGIYGXBDSONT WRNSRFPRCKEMTGLPSAPMITEFX ISPTHRNPYEFSERIMNZTXDABHT FEARSNIVYMVZCHAVSRALDREPG TZIPLINEGEGQJCCISUHIENNRR IVPRAIRIESEDGEMULDGAPLDDK RUMBRNIRPASUNFLOWERDQBHLU

Challenge Course
Horseshoe Bend
Trading Post
Flint Lake
Sunflower
Pergola
Archery
HVAC

Lodge
Adventure Trail
Sundial Garden
Final Night
Woodlands
Low Ropes
Outpost
Clover

Gathering Place
Prairies Edge
Bea Conrad
North Star
Zipline
The Ridge
Violet
Barn

## Map of Camp Liberty



## Camp Traditions

Camp is a magical place and sometimes it can feel like a completely different world entirely! Learn about a few traditions that make Camp Liberty special that you can look forward to this summer!

#### **Neckers & Pins**

Everyone at Camp Liberty have a special neck scarf called a necker. If this is your first summer at camp, you will receive yours at the opening night ceremony. Campers have blue ones, Counselors-in-

Training have tan and staff have green, but they all have a Girl Scout green stripe showing how we are connected and are tied with a friendship knot. These are a great place to collect your year pins you get at final night!





#### **Final Night**

On the last night of camp, we celebrate all the fun we've had and memories we've made together with a campfire. We sing some of our favorite camp songs, reflect on the best parts of the week, receive your unique pin for this summer from your counselor and honor people have been attending GSEIWI camps for 5, 10, 15 years or even more! At the end we finish with a friendship circle as we sing.

#### Counselors-in-training

Our Ambassador Girl Scouts have the opportunity to learn what it takes to be on staff at camp. Over two years of sessions, they shadow counselors, help lead activities and songs, learn about working with kids and more! You'll see our CITs around in tan neckers and living in the Ridge! If you want to be a Counselor-in-Training, the application is at





## Camp Traditions



#### **Camp Names**

The founder of Girl Scouts, Juliette Gordon Low, went by a nickname, Daisy. In honor of her, camp staff still uses nicknames known as camp names. That's why you will run into counselors named things like Dolphin or Berry! It adds a bit of fun to the summer and is a great Girl Scout tradition. When campers are Counselors-in-Training or Equestrian Specialist Interns, they get the chance to pick their own camp names!

#### **Big Foot**

There are a lot of trails exploring the beautiful lanscapes of Camp Liberty. As your group is traveling around, you'll want to keep an eye out for our friend Big Foot! Each week Big Foot is out and about around camp and when a group finds him, they can take their picture with him and it is added to our Big Foot Sightings board. He can be tricky, so you may need to check out some new trails to track him down.





#### Scout's Own

Before heading home after your week at camp, we gather in the lodge for one last camp tradition! A Scout's Own is a presentation, whether a skit, demonstration, or song, that Girl Scouts' create to share something they learned during their time at camp or their favorite part of the week. Once all the groups get to share with the whole camp and their families, we end with the camp song and get ready for checkout and telling our families about all the cool things we've done!

### The Fab 5

At camp we have what we call The Fab 5. These are items that you should have with you at all times as you travel around camp.

Waterbottle
Sunscreen
Bugspray
Raincoat
Flashlight



#### The Fab 5 Relay

Find two sturdy backpacks like what you would use at camp. Place them on the ground. This will be your starting line. A ways down from each backpack your will place a basket or box that contains your five items plus a bunch of other stuff that aren't on the list.

Split into two teams and each one will line up behind a backpack and relay style will take turns running down to find one of their Fab 5 and bring it back to their team's backpack.

The first team to collect all of their items correctly and zip up their backpack wins!

## GAMES!

Sometimes there is a bit of extra time while waiting for flag ceremonies to start or food to cook at your campfire. Thankfully, our camp counselors know many wonderful games to make passing the time fun.

Learn a few of our Camp Liberty favorites below!

#### **FROGGER**

You need at least 6 people to play this game. One will be a detective. The detective goes to the center of the circle and everyone closes their eyes. One person is tapped on the head and is selected to be the frogger. Everyone opens their eyes and the job of the frogger is to stick out their tongue without the detective seeing them do it. When the rest of the group sees the tongue, they respond by falling back, dramatically. The detective gets three guesses as to whom it is.

#### **WAX MUSEUM**

One person is the museum guard, and everyone else is the statues. The museum guard closest their eyes, faces away from the crowd, and counts down from 10.. Then, the statues come to life! As soon as the guard turns around, the statues freeze. See how many different poses you can make without the guard seeing you move. If the guard spots any movement, the statue is out.

It's fun to play this game at night with flashlights, too!



Girl Scouts have been singing from the beginning! Whether it is fast songs following meals, repeat songs as a group while you hike, or quieter songs around the campfire with your counselors, camp is full of music. You may have even sung some of the same songs with your troop like Make New Friends. Whether we're learning the song for the first time or have sung it a million times before, its always magical when Girl Scouts sing together.

#### **SUPERCALIFORNIA SURFER**

To the tune of Supercalifragilistic expialidocious Chorus: Super-cali-fornia-surfer-experts-of-the-ocean Even though most of them
Do not wear sun tan lotion
When they hit the waves too hard
They're always in a motion.

Super-cali-fornia-surfer-experts-of-the-ocean Um diddle diddle diddle um diddle ay (2x)

Because I was afraid to surf when I was just a lass My father took my board away and Told me I was crass

But then one day I heard a word
That every surfer knows
THE BIGGEST WORD I ever heard and
This is how goes is
Chorus
Repeat getting faster

#### **YOGI BEAR**

I know someone you don't know, Yogi, Yogi I know someone you don't know, Yogi, Yogi Bear Yogi, Yogi Bear I know someone you don't know, Yogi, Yogi Bear

Yogi has a little friend, Boo Boo, Boo Boo Yogi has a little friend, Boo Boo, Boo Boo Bear Boo Boo, Boo Boo Bear Boo Boo, Boo Boo Bear Yogi has a little friend, Boo Boo, Boo Boo Bear

Yogi has a girlfriend, Cindy, Cindy Yogi has a girlfriend, Cindy, Cindy Bear Cindy, Cindy Bear Cindy, Cindy Bear Yogi has a girlfriend, Cindy, Cindy Bear

Yogi has an enemy, Ranger, Ranger Yogi has an enemy, Ranger, Ranger Smith Ranger, Ranger Smith Ranger, Ranger Smith Yogi has an enemy, Ranger, Ranger Smith

They all live in Jellystone Park, Park
They all live in Jellystone Park, P-P-Park
P-P-P Park, P-P-P Park
They all live in Jellystone Park, P-P-Park

### Hear Yogi Bear and learn the actions



#### Hear Mister Moon



#### **MISTER MOON**

Mr, Moon, Mr. Moon
You're out too soon
The sun is still in the sky.
Go back to your bed and
cover up your head.
And wait 'till the day goes by



### Friendship Bracelets

Camp is an amazing place to make friends, silver and gold! Campers love to make and exchange bracelets with the new friends they meet at camp!









#### THREE STRAND BRACELET

- 1. Make a four with one string. Hold the other two strings straight down together.
- 2. Take the tail of the four, wrap behind the other two stings adn pass through the opening of the four.
- 3. while holding onto the end of the first color pull the sting tightly up towards the top of your bracelet. that's your first knot.
- 4. Repeat steps 1-3 with the first color at least 10 times.
- 5. To switch colors take the first color string and put it with the other strings, then choose your next color and start over at number one.

#### **DIAGONAL BRACELET**









- 1. Start with at least 4 strands of floss.
- 2. Use the "4" knot, start with the far left string and make knots around the next string to the right. 2 knots per string.
- 3. Make two "4" knots around each of the strings moving to the right until you are out of strings to make knots around.
- 4. Once you have made knots around each of those strings, leave the first string at the end and pick up the new farthest left string and repeat the process.

## Learn a camp skill

An amazing part of camp is getting to learn new things! This includes camp skills that you'll get to use and build on for the entire time you're a Girl Scout! Get started with one of those skills by trying out the two knots below. If you want to see a video of how to do it, click the name of the knot.

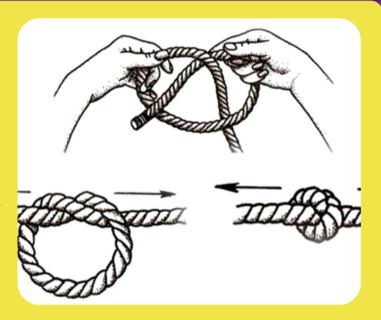
#### **OVERHAND KNOT**

#### Instructions

- 1. Form a loop with one end of your rope
- 2. Pass the one end through the loop
- 3. Pull tight

#### <u>Used For</u>

- Putting a knot in the end of a rope to keep it from fraying
- Making a "stop" to keep your hand from sliding off the end of the rope
- Joining two pieces of string or cord that you do not wish to undo later



#### **SQUARE KNOT**

#### **Instructions**

- 1. Place one end in the right hand over in the left hand and tie an Overhand Knot.
- 2. Place the end in the left hand over the end in the right hand and tie a second Overhand Knot.
- 3. Pull ends tight. "Right over left, left over right, ties a square knot, tidy and tight."

#### **Used For**

- Tying two rope ends of the same size together
- · Many craft projects, for instance tying bandanas, macramé, etc.



Helpful Hint
If tied using right over
right or left over left, a
very unreliable "Granny
Knot" will result. This knot
is difficult to untie after
put under strain

#### **SCAVENGER HUNT**

One of the best parts of camp is getting to be out in nature! Take your first steps out on the trail by going on a nature scavenger hunt in your neighborhood or at a local park. Remember to leave everything where you find it, take only photos.

A SMOOTH STONE	A SPIDER OR SPIDERWEB
A MULTI-COLORED LEAF	AN ANIMAL
A PINECONE	SOMETHING GREEN
A CLOUD THAT LOOKS LIKE SOMETHING ELSE	SOMTHING SOFT
WATER (ANY KIND)	A BUDDING TREE
SOMETHING COLORFUL	A FEATHER

## Cookies & Camp

## You can use cookie sales to help you to go to camp!



After you sell 200 packages of cookies, you earn \$5 for every 50 packages you sell (starting at 200 up to 450). This program credit can be used to pay for camp or in the Trading Post while there this summer!

My Cookie Goal is

Packages.

When you've reached the super seller level at 500 packages you can choose to get additional program credit as a prize. You can choose to get an additional \$100 in program credit when you hit the following milestones!

- -500 packages
- -700 packages
- -1000 packages
- -1500 packages
- -2000 packages



#### Find Out How Much Program Credit You Can Earn!

Place a check next to each milestone you will hit with your goal and add up the dollar amounts to find out how much program credit you will earn!

If you want the additional credit at the super seller levels, be sure to choose it in your reward selection.

Program Credit Everyone Earns

\_\_ 200 packages = \$5

\_\_ 250 packages = \$5

\_\_ 300 packages = \$5

\_\_ 350 packages = \$5

\_\_ 400 packages = \$5

\_\_ 450 packages = \$5

Additional Program Credit
You Can Choose

Tou Can Choose

\_\_ 500 packagers = \$100

\_\_ 700 packages = \$100

\_\_ 1000 packages = \$100

\_\_1500 packages = \$100

\_\_ 2000 packages = \$100

Total Program Credit \_\_\_\_

## Register for Summer Camp!

Sessions are based on the grade Girl Scouts will be entering in the fall of 2024. Girl Scouts come to summer camp interpedently or with a buddy!

Even if there is a specific session theme, Girl Scouts will participate in traditional camp activities like archery, crafting, hiking, kayaking, zip lining, and more.

The spirit of every Girl Scout comes alive at summer camp! Nestled on 245 acres wooded acres in New Liberty, Iowa, Camp Liberty is a special place for all girls to explore the outdoors and just be themselves.

With an experienced camp team, a beautiful outdoor setting, and a focus on personal growth, your Girl Scout will have an unforgettable summer.

#### **Activities**

Archery
Kayaking & Canoeing
Arts & Crafts
High Ropes
Low Ropes
Zip Lining
Gaga Ball
Hiking
Horesback Riding
Outdoor Cooking

#### **Skills & Values**

Friendship
Adventure
Creativity
Empathy
Independence
Confidence



