

Camp Experience & Visitor Guide

Updated Fall 2026



girl scouts 
of eastern iowa
and western illinois

Camp Liberty | 4415 295th St, New Liberty, IA 52765
Camp Little Cloud | 21700 Girl Scout Rd, Epworth, IA 52045
Camp L-Kee-Ta | 7501 200th Ave, Danville, IA 52623



Welcome to the camp properties of Girl Scouts of Eastern Iowa and Western Illinois!

Whether you're joining us for a troop overnight, retreat, family event, volunteer gathering, or community program, we are excited to host your group. Our camp properties offer opportunities to explore nature, build connections, develop new skills, and create lasting memories.

A great camp experience starts with good preparation. This guide is your roadmap to a safe, successful, and enjoyable stay. It includes important information about camp amenities, activities, safety requirements, emergency procedures, and property expectations.

We ask that group leaders and key adults review this guide before arriving at camp. Taking time to prepare your group and understand camp procedures helps everyone spend less time managing challenges and more time enjoying all that camp has to offer.

This guide has been designed to help you:

- Prepare your group for a safe and successful visit
- Understand camp amenities, facilities, and available activities
- Meet required safety and supervision standards
- Know what to expect upon arrival and throughout your stay
- Respond effectively in the event of an emergency
- Help preserve our camp properties for future generations

Together, we share responsibility for creating an experience that is welcoming, safe, and memorable for every guest. Thank you for helping us care for our camp community and preserve these special places for future generations.

Everyone is welcome at our properties. As camps owned and operated by Girl Scouts of Eastern Iowa and Western Illinois, we are committed to creating a safe, welcoming, and inclusive environment where all guests feel respected, valued, and supported. We welcome individuals of all backgrounds, identities, abilities, and experiences. We recognize that inclusion is an ongoing journey and are committed to continuous learning as we work to ensure every guest has a positive camp experience.

Prepare for your stay



Before You Arrive

- A little preparation goes a long way toward creating a safe, memorable, and stress-free camp experience. Before arriving, please review this guide with your leadership team or key adults and make sure your group is ready for the adventures ahead.
- To ensure compliance with American Camp Association, GSUSA policies, and camp safety requirements, please complete the following before your visit:

All Groups

- ☐ Ensure at least one adult with current First Aid and Adult/Child CPR or CPR/AED certification accompanying the group.
- ☐ Review emergency procedures with all adults attending the event.
- ☐ Identify any special accommodations or support needs and communicate them in advance.
- ☐ Confirm appropriate adult-to-youth supervision ratios and ensure that no youth is alone in a one-on-one interaction with an unrelated adult.

When Visiting with Girl Scouts

In addition to the preparations above, please also complete the following before your visit:

- ☐ Ensure that required adult training has been completed, including Troop Travel and Overnight Training and Outdoor Skills Training when applicable.
- ☐ Ensure that all adults spending the night are registered members with a background check.
- ☐ Review applicable [Safety Activity Checkpoints](#) for all planned activities.
- ☐ Collect health histories, allergy information, and medication needs for all participants.
- ☐ Complete and submit required Check-In Rosters with emergency contact information.

Plan for Success

Groups that arrive with a plan spend more time enjoying camp and less time solving problems.

- Before your visit, we encourage you to:
- Develop an activity schedule for your stay.
- Plan meals, snacks, and food storage needs.
- Review weather forecasts and prepare for changing conditions.
- Assign leadership roles and responsibilities among adults.
- Create a communication plan for participants and families.
- Familiarize yourself with your reserved site, facilities, and available amenities.



**Safety Activity
Checkpoints**



Check-In Rosters

Prepare for your stay



Activities & Reservations

Many camp experiences require advance planning or trained facilitators. If your group would like to participate in specialty activities, equipment rentals, or facilitated programs, please contact Info@GirlScoutsToday.org before your visit to confirm availability and requirements. Review the charts on pages 10 and 11 for a full list of activities.

Create an Emergency Action Plan (EAP)

Before arriving at camp, develop an Emergency Action Plan (EAP) for your group. An EAP outlines how group leaders will respond to emergencies such as severe weather, illness or injury, missing persons, fire, or evacuation situations. All adults should understand their roles and responsibilities, know how to account for participants, and be familiar with emergency communication procedures and shelter locations. Taking time to plan ahead helps everyone respond quickly and confidently, ensuring the safety and well-being of everyone in the group. Please review the Emergency Procedures section starting on page 12 and incorporate those procedures into your group's emergency planning.

Prepare for your stay



Packing Recommendations

Packing appropriately helps ensure a safe, comfortable, and enjoyable camp experience. Because our camp properties are outdoor environments, guests should be prepared for changing weather conditions and time spent outdoors.

All Guests

Whether visiting for the day or staying overnight, all guests should bring:

- ☐ Closed-toe shoes (Required to wear outdoors)
- ☐ Clothing appropriate for the weather and planned activities
- ☐ Personal medications or health supplies
- ☐ First Aid kit

For guests participating in outdoor activities, we also recommend bringing:

- ☐ A comfortable backpack or day pack
- ☐ Refillable water bottle
- ☐ Sunscreen
- ☐ Insect repellent
- ☐ Flashlight
- ☐ Rain poncho or rain jacket

Overnight Guests

In addition to the recommended outdoor items, overnight guests should bring:

- ☐ Bedding (sleeping bag or sheets and blankets)
- ☐ Pillow
- ☐ Towel and washcloth
- ☐ Toiletries
- ☐ Clothing appropriate for weather and planned activities
- ☐ Sleepwear
- ☐ Weather-appropriate outerwear
- ☐ Extra socks

Please note that bedding and personal linens are not provided at camp facilities unless specifically noted during the reservation process.

Our Commitment to You



We are committed to providing a safe, welcoming, and enjoyable experience for every guest who visits our camp properties. From the moment you arrive, our goal is to ensure you have the information, resources, and support needed for a successful stay.

When you arrive, you can expect:

- A clean and prepared campsite, cabin, or facility.
- Access to the amenities and equipment included with your reservation.
- Clearly marked roads, parking areas, and camp facilities.
- Information about emergency procedures, shelter locations, and available safety resources.
- Well-maintained outdoor spaces that support recreation, exploration, and learning.
- Friendly and professional support from camp staff and property managers.
- A camp environment that is welcoming, inclusive, and respectful of all guests.
- Prompt attention to facility or maintenance concerns brought to our attention.

While we work hard to prepare each site for your arrival, occasional issues may arise. If your campsite, cabin, or facility does not meet your expectations, please notify the Property Manager as soon as possible. We want the opportunity to address concerns quickly and ensure your group has the best experience possible.

Together, we can create a camp experience that is safe, enjoyable, and memorable for everyone.

Arriving at Camp



We want your arrival experience to be smooth, welcoming, and stress-free. Prior to your visit, the individual who made the reservation will receive an arrival email with important details about their stay, including:

- Check-in date and time
- Where to go upon arrival
- Site-specific instructions
- Contact information for the Property Manager or their designee
- Any important updates related to the property or facility

If you have questions before or during your visit, please use the contact information provided in your arrival email or in the contact portion of this guide.

When You Arrive

1. Follow the check-in instructions provided in your arrival email.
2. Review any site-specific information or updates provided by camp staff.
3. Confirm that your group roster and emergency contact information are up to date and have been submitted.
4. Observe the posted speed limit and review parking and vehicle access expectations for your reserved area.
5. Familiarize yourself with emergency shelter locations, AED locations, and emergency communication procedures.

To help ensure a successful start to your stay, a member of the camp team will check in with your group on the day of arrival to answer questions, address any concerns, and make sure you have everything you need for a positive camp experience. If you need assistance before that check-in occurs, please don't hesitate to contact the Property Manager or their designee using the information provided in your arrival email.

Parking & Vehicle Access

To help protect the natural beauty of camp, we ask all guests to avoid driving or parking on grassy areas. Parking near some cabins and campsites may be limited. When nearby spaces are full, additional parking is available in the lower lot and other designated parking areas throughout camp. Thank you for helping us care for our camp property and create a positive experience for everyone.

Camp Experience Guidelines



Our camp properties are shared spaces designed for adventure, learning, connection, and outdoor exploration. By following these guidelines, you help create a safe, welcoming, and enjoyable experience for your group and for others enjoying the property.

Respect People

There are times when many groups may be using camp at the same time. We ask all guests to be respectful of others' space, activities, and experiences.

- Follow the required adult-to-youth supervision ratios at all times.
- Respect assigned campsites, cabins, program areas, and facilities.
- Be courteous of neighboring groups, especially during early morning and evening hours.
- Help create an environment where every guest feels welcome, included, and supported.
- Report all concerns, incidents, or unsafe behavior to the Property Manager.

Respect Property

Our camp properties are important community resources that belong to all of us.

- Use facilities, equipment, and program areas as intended.
- Report any damage, maintenance concerns, or safety hazards as soon as possible.
- Follow posted occupancy limits for buildings and campsites.
- Drive and park only in designated areas.
- Help keep facilities clean and ready for the next group.

Groups may be charged for damage resulting from misuse, negligence, vandalism, or failure to follow camp policies.

Respect Nature

Our camps provide unique opportunities to connect with the outdoors. We ask all guests to be good stewards of these special places.

- Follow Leave No Trace principles.
- Stay on designated roads, trails, and activity areas.
- Dispose of waste properly.
- Leave natural objects, plants, and wildlife undisturbed.
- Use campfire areas responsibly and follow all fire safety requirements.
- Property Manager.

Camp Experience Guidelines



Leave Camp Better Than You Found It

One of the core values of the camp experience is caring for our shared spaces. Before departing:

- Complete the required checkout and cleaning procedures.
- Remove all personal belongings and trash.
- Return equipment to its designated location.
- Leave your campsite, cabin, or facility clean and ready for the next guests.

By working together, we can ensure that our camp properties remain safe, welcoming, and enjoyable for future generations of campers and visitors.

Camp Policies and Property Rules

Our goal is to create a camp experience that is safe, welcoming, and enjoyable for every guest. The policies and rules in this section are designed to protect guests, preserve our facilities and natural spaces, and ensure everyone has a positive experience.

Please review these expectations before arriving and help participants follow them throughout their stay. If you have questions about any policy or need accommodation related to your visit, please contact us in advance. We are happy to work with you to help make your camp experience a success.

Alcohol

Alcohol is not permitted on camp property without prior written approval. Groups requesting alcohol service must obtain approval in advance and may be required to provide additional insurance and complete supplemental agreements before their event. Unauthorized alcohol is prohibited.

Animals

Animals are not permitted on camp property without prior approval. Guests wishing to bring a pet or other non-service animal must obtain approval in advance and complete the required Animal Addendum before arrival. Unauthorized animals are prohibited.

Firewood & Campfires

Firewood is provided at all rental sites. To help protect our forests from invasive pests and diseases, do not bring firewood to camp. Tinder and kindling may be gathered near your campsite, and charcoal may be brought for cooking needs. For everyone's safety, fires are only permitted in designated fire rings and fire areas. A filled bucket of water must be kept near the fire at all times, and fires must be attended by a responsible adult until fully extinguished.

Camp Experience Guidelines



Food Safety

Guests are responsible for properly storing, preparing, cooking, and serving food during their stay. All food-contact surfaces, cookware, and utensils should be cleaned and sanitized before and after use, and garbage containers should remain covered when not in use. Camp kitchens and units are equipped with basic cooking utensils and serving ware for your convenience. For detailed guidance on food temperatures, sanitation requirements, dishwashing procedures, and kitchen operations, please refer to your unit guide and posted instructions in camp kitchens.

Medical & Emergency Care

Rental groups are responsible for providing all medical and emergency care for participants during their visit, including transportation to a hospital or healthcare facility when needed. Groups should bring a well-stocked first aid kit and be prepared to respond to routine health needs. In the event of a serious injury, illness, or emergency, the Property Manager must be notified immediately, and an Accident/Incident Report must be completed.

Tobacco

The use of tobacco products, electronic smoking devices or vaping products, and illegal drugs is prohibited on all camp properties.

Vehicle Safety

Please observe posted speed limits throughout camp, which range from 10 to 15 mph depending on the property. All passengers must ride in designated seating areas and use vehicle safety restraints as required. Riding in the bed of a pickup truck or in any area not designed for passengers is prohibited while on camp property.

Weapons

Firearms, weapons, ammunition, explosives, and other hazardous devices are prohibited on all properties unless expressly authorized as part of an approved program or activity. Guests may not bring or possess these items while on camp property.

Youth Protection & Supervision

All youth must be supervised by at least two unrelated adults, and groups must maintain required adult-to-youth supervision ratios at all times. One-on-one interactions between a youth and an unrelated adult are not permitted. Group leaders are responsible for ensuring adequate supervision throughout their stay and during all activities.

Activities and Adventure



One of the best parts of camp is discovering new adventures. Many activities are available for self-led exploration, while others require trained facilitators, specialized equipment, or additional supervision to ensure participant safety and compliance with Girl Scout Safety Activity Checkpoints, ACA standards, and council policies.

Groups are encouraged to review the activity options available at their camp property during the planning process. Many facilitator-led experiences and specialty programs can be added to your reservation with advance notice, based on staff availability and program schedules. If your group is interested in activities that require certified instructors, facilitators, or specialty equipment, please contact us before your visit to discuss availability, requirements, and reservation procedures. Advance planning helps us ensure your group has access to the resources needed for a safe, engaging, and memorable camp experience.

Self-Led Activities

Activity	Liberty	Little Cloud	L-Kee-Ta	Training Required
Backpacking Kit	X	X	X	
Board Games	X	X	X	
Carpet Ball		Exclusive		
Croquet	X	X		
Dutch Oven Cooking	X	X	X	Outdoor Skills
Fire Building	X	X	X	Outdoor Skills
Frisbee Golf		Exclusive		
Gaga Ball	X	X	X	
Geocache Course	X	X	X	
Hiking	X	X	X	
Pocket Knife Kits	X	X	X	Outdoor Skills
Low Ropes Course	X			Low Ropes
Volleyball	X	X		
Outdoor Cooking	X	X	X	Outdoor Skills
Basketball	X	X	X	
Scavenger Hunt	X	X	X	
Snow Shoes	X	X	X	
Stargazing	X	X	X	
9-Square in the Air	X	X	X	
Challenge Activities		X	X	

Activities and Adventure



Facilitator-Led Activities

Activity	Liberty	Little Cloud	Training Required
Archery & Slingshots	X	X	Archery Certification
Canoe	X		Small Watercraft & Lifeguard
Rock Wall	Exclusive		Challenge Course Certification
High Ropes Course	Exclusive		High Ropes Training
Horseback Riding	Exclusive		Weekend Riding Available
Kayak	Exclusive		Small Watercraft & Lifeguard
Stand-Up Paddleboard	Exclusive		Small Watercraft & Lifeguard
Swimming Pool	X	X	Lifeguard
Zipline	Exclusive		Challenge Course Certification

To support your program planning, the Property Manager can provide a list of trained facilitators for many camp activities. Rental groups are responsible for contacting and arranging their chosen facilitator prior to their visit.

Because facilitator availability may vary, we encourage groups to begin this process early. Some facilitators may request a stipend to offset travel and time commitments. Training opportunities are offered each spring and fall for many activity areas, allowing interested volunteers and group leaders to become qualified facilitators themselves.

Safety & Emergency Procedures



A safe camp experience is a positive camp experience. While emergencies are uncommon, being prepared helps guests respond quickly and effectively when needed.

The procedures in this section are designed to protect participants and support a safe environment for all guests while meeting Applicable safety standards and requirements. All group leaders and adults should review these procedures before arriving at camp and incorporate them into their [Emergency Action Plan \(EAP\)](#). Knowing what to do before an emergency occurs helps everyone stay calm, organized, and safe.

Accident or Injury

1. Provide immediate attention and care to the injured person.
2. Follow your group's Emergency Action Plan (EAP).
3. Call 911 if emergency medical assistance is needed.
4. Notify the Property Manager as soon as possible.
5. Complete all required accident or incident reports.



**Emergency Action
Plan (EAP)**

Lost Camper or Missing Person

1. Notify the person in charge immediately.
2. Gather all participants and conduct a headcount.
3. Keep participants together under adult supervision.
4. Conduct a quick search of the immediate area.
5. Notify the Property Manager.
6. Contact local law enforcement if the individual is not located promptly.
7. Follow your group's Emergency Action Plan.

Cardiac Emergency

1. Call 911 immediately.
2. Begin CPR if trained to do so.
3. Send someone to retrieve the nearest AED.
4. Continue care until emergency responders arrive.
5. Notify the Property Manager.

AED locations are identified in the camp-specific emergency information section of this guide.

Safety & Emergency Procedures



Fire

1. Evacuate all participants from the area.
2. Account for all participants and adults.
3. Call 911.
4. Notify the Property Manager.
5. Use a fire extinguisher only if the fire is small and doing so will not place anyone at risk.
6. Do not re-enter the area until emergency personnel determine it is safe.

Remember: Life safety is always the priority. Do not attempt to fight a fire until all participants are accounted for.

Wind Storms

1. Gather participants and conduct a headcount.
2. Move to the nearest building, basement, or other designated shelter area.
3. Stay away from windows and exterior doors.
4. Do not approach or attempt to repair downed power lines.
5. Remain sheltered until conditions improve or camp staff provide further direction.

Tornado

1. When a tornado warning is issued or the camp warning siren sounds, gather all participants immediately.
2. Conduct a headcount.
3. Proceed to the designated storm shelter.
4. Remain in shelter until the Property Manager or emergency personnel indicate it is safe to leave.
5. Conduct another headcount once the threat has passed.

Rain Storms and Lightning

1. Gather participants and monitor weather conditions.
2. Seek shelter in a building when lightning is present or threatening weather approaches.
3. If staying in a tent unit, move to an appropriate shelter as needed.
4. Avoid open fields, hilltops, and isolated trees.
5. Resume activities only when conditions are safe.

Flash Flooding

1. Keep participants together and conduct regular headcounts.
2. Stay away from flooded areas, creeks, and waterways.
3. Do not walk or drive through floodwaters.
4. Evaluate bridges and crossings carefully before use.
5. Move to higher ground if flooding threatens your area.

Blizzard or Winter Weather

1. Monitor weather forecasts before traveling to camp.
2. Consider postponing your trip if severe weather is expected.
3. If conditions deteriorate while at camp, keep participants indoors and warm.
4. Avoid unnecessary travel during the storm.
5. Remain in place until conditions improve and travel can be done safely.
6. When traveling to or from camp during winter weather, notify your home contact and camp staff when you arrive safely.

Building Evacuation

A building evacuation may be necessary due to fire, hazardous conditions, or other emergencies.

1. Exit the building using the safest available route.
2. Avoid the affected area and any known hazards.
3. Gather participants at a designated meeting location.
4. Conduct a headcount and account for all participants and adults.
5. Notify the Property Manager.
6. Do not re-enter the building until authorized to do so.

Emergency Communications

For any serious emergency:

1. Call 911 first.
2. Provide care to injured participants as appropriate.
3. Notify the Property Manager as soon as possible.
4. Preserve the scene if a serious injury, fatality, or criminal activity has occurred.
5. Follow directions from emergency responders and council staff.

In the event of a serious incident, all media inquiries must be referred to the Council CEO or their designee. Do not share information with the media or the families of those involved unless specifically directed to do so by council leadership.

Hostile Intruder

In the event of a hostile intruder, follow the Run, Hide, Fight model.

Run

- Evacuate if it is safe to do so, leave personal belongings behind.
- Help others when possible without endangering yourself.
- Call 911 when it is safe to do so.

Hide

- Move to a secure location out of sight, lock and barricade doors whenever possible.
- Silence cell phones and electronic devices, turn off lights if appropriate.
- Remain quiet and stay concealed.
- If outdoors, use natural barriers and cover when available.

Fight

As a last resort, and only when your life is in immediate danger:

- Use available objects to distract or incapacitate the attacker.
- Act aggressively and commit fully to your actions.
- Continue until you are able to escape or help arrives.

When Law Enforcement Arrives

- Remain calm.
- Keep your hands empty and visible at all times.
- Avoid sudden movements.
- Follow all instructions immediately.

Remember: The safety of participants is always the top priority. In any emergency, focus first on protecting people, then notifying emergency responders and camp staff.



**Accident & Incident
Reporting Form**



Safety & Emergency Procedures



Camp Liberty Emergency Contacts

Public telephones are available at each camp's office for emergency use only. Any injury, accident or property damage must be reported to the Site Ranger or emergency personnel immediately.

Emergency Services

911

Council 24 Hour Emergency Line

309-764-8833

Camp Liberty Property Manager

Kevin Raap, 563-582-1337

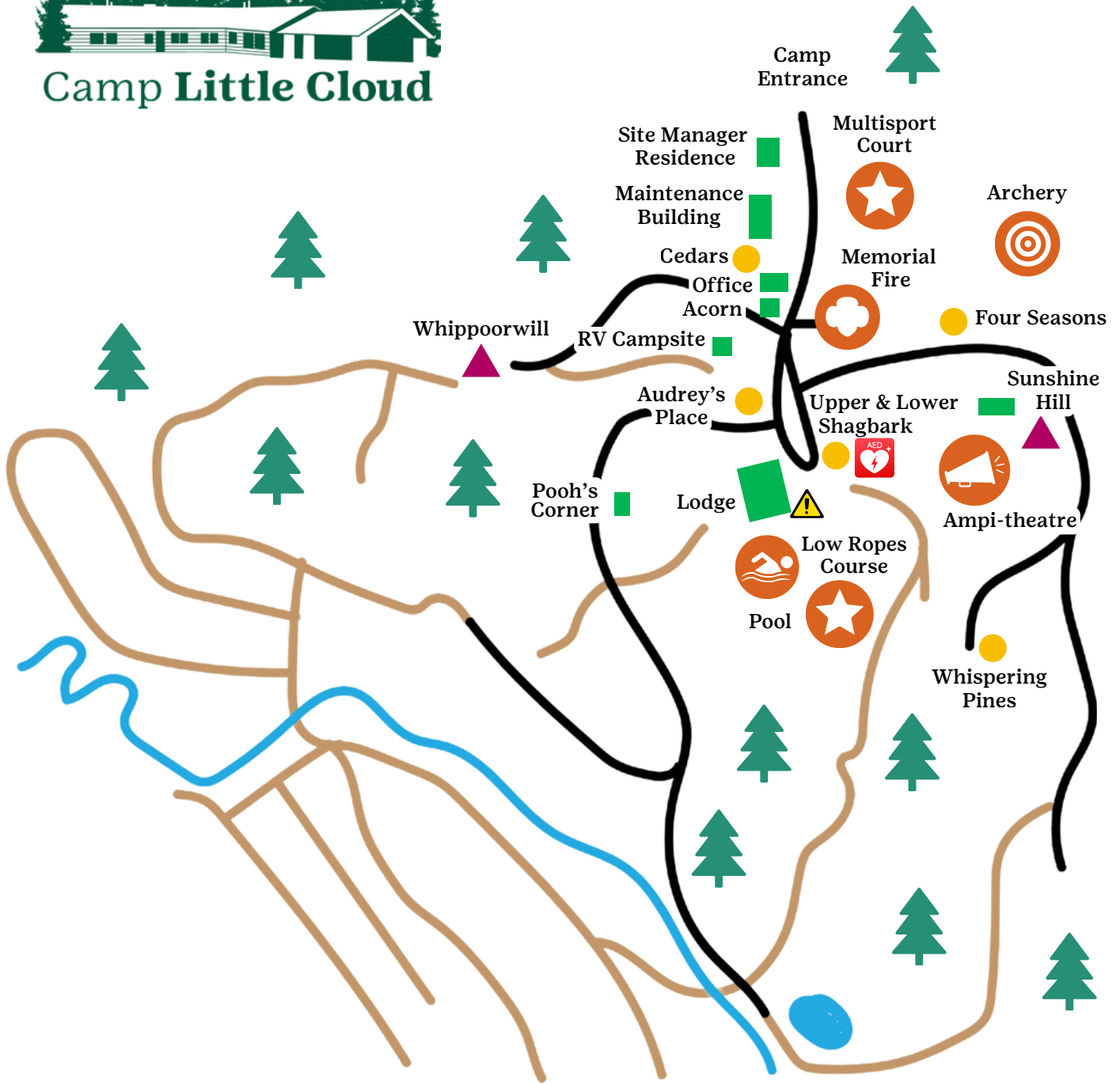
Chief Program & Property Officer

Stacy Conforti, 800-798-0833

Storm Shelters

Camp Liberty has two designated storm shelters, each with a capacity of up to 250 people. In the event of severe weather, seek shelter immediately and account for all members of your group once safely sheltered. Guests staying in Prairie's Edge, Outpost, or Horseshoe Bend may use the nearby restroom facilities as shelter or proceed to a designated storm shelter. All other guests should evacuate to the nearest storm shelter. Whenever possible, use the shelter designated for your lodging area; however, if severe weather is imminent, proceed to the closest available shelter and follow directions provided by camp staff until the all-clear has been given.

Pool Pavilion Storm Shelter	Lodge Storm Shelter
Equestrian Center High ropes Hy-Vee Healthy You Activity Field Hy-Vee Healthy You Aquatics Center Hy-Vee Healthy You Activity Center The Ridge North Star Valley Horseshoe Bend The Woodlands	Archery Bea Conrad Pavilion Bird's Nest Lodge Sunflower Cabin Violet Cabin Clover Cabin Low ropes/Zipline Outpost Prairie's Edge Campfire Cottage



-  Property Roads
-  Tent Units
-  Camp Buildings
-  Camp Trails
-  Cabins
-  Water
-  Storm Shelter

Safety & Emergency Procedures



Camp Little Cloud Emergency Contacts

Public telephones are available at each camp's office for emergency use only. Any injury, accident or property damage must be reported to the Site Ranger or emergency personnel immediately.

Emergency Services

911

Council 24 Hour Emergency Line

309-764-8833

Camp Little Cloud Property Manager

Evan Ventris 563-232-5720

Chief Program & Property Officer

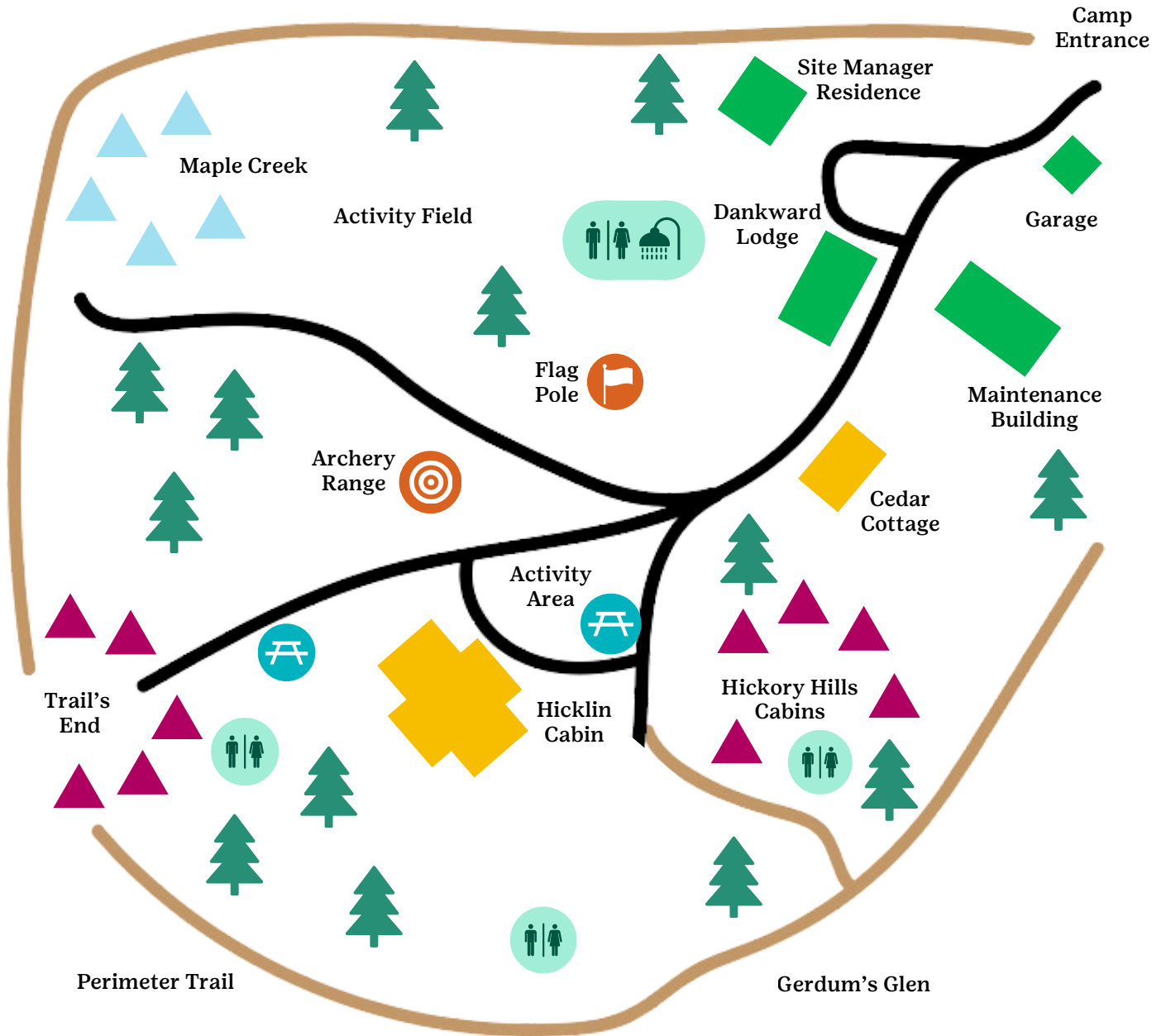
Stacy Conforti, 800-798-0833

Storm Shelters

In the event of severe weather, immediately move to the nearest basement and stay away from windows and doors. Guests staying at Whippoorwill Woods and Sunshine Hill may use the restrooms as shelter. If needed, evacuate to the storm shelter located in the basement behind Singing Bird Lodge.

During any evacuation or severe weather event, follow directions provided by camp staff and account for all members of your group once safely sheltered.

Four Seasons Basement	Cedars Basement	Audrey's Place Basement	Shagbark Lower Level Restrooms	Whispering Pines Basement
Archery Four Season Sunshine Hill	Cedars	Dubuque Experience Center Pooh's Corner	Shagbark Pool Lodge	Whispering Pines



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|--|--|--|
|  Property Roads |  Treehouses |  Restrooms/Showeres |
|  Camp Trails |  Cabins |  Picnic Shelters |
|  Primitive Cabins |  Camp Buildings | |

Safety & Emergency Procedures



Camp L-Kee-Ta Emergency Contacts

Public telephones are available at each camp's office for emergency use only. Any injury, accident or property damage must be reported to the Site Ranger or emergency personnel immediately.

Emergency Services

911

Council 24 Hour Emergency Line

309-764-8833

Chief Program & Property Officer

Stacy Conforti, 800-798-0833

Storm Shelters

In the event of severe weather, all areas of camp report to basement of Hicklin Cabin.