



girl scouts
of eastern iowa
and western illinois



Summer Camp Family Handbook



Summer Camp Family Handbook

Table of Contents

Welcome to Camp	2
General Information.....	3
Preparing for Camp	6
Packing for Camp.....	8
Packing Checklist.....	9
Health and Safety.....	10
Camper Communication.....	16
Camp Arrival and Departure.....	19

Our Mission

Girl Scouting builds girls of Courage, Confidence and Character who make the world a better place.

The Girl Scout Promise

On my honor, I will try:
To serve God and my country. To help people at all times, and to live by the Girl Scout Law.

The Girl Scout Law

I will do my best to be honest and fair, friendly and helpful, considerate and caring, courageous and strong, and responsible for what I say and do, and to respect myself and others, respect authority, use resources wisely, make the world a better place, and be a sister to every Girl Scout.



girl scouts 
of eastern iowa
and western illinois


Camp Liberty

Welcome to Camp Liberty

When a girl leaves home and enters the world of camp, she meets new friends and peers on even ground. As she sits around the campfire, paddles a canoe, tries zip lining, or even rides a horse for the first time, something in her begins to change—she gains a sense of pride by facing her fears, she grows as a person by learning new skills, and becomes stronger and happier by making new friends.

Camp is transformative. Our trained and caring staff members support girls in discovering who they are and what they can become. Our engaging programs and activities are designed with girls' interests in mind, so they can grow their passions and take healthy risks in a safe, supportive environment. Each activity — from art to zip lining — is designed to support the following lasting outcomes:



Strong Sense of Self

Girls have confidence in themselves and their abilities, and form positive identities.



Positive Values

Girls act ethically, honestly, and responsibly, and show concern for others.



Challenge Seeking

Girls take appropriate risks, try things even if they might fail, and learn from mistakes.



Healthy Relationships

Girls maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.



Community Problem Solving

Girls desire to contribute to the world in purposeful and meaningful ways, learn how to identify problems, and create “action plans” to solve them.

Camp Contacts

At Girl Scouts we strive to provide our members with the highest level of customer service. If you have any questions or concerns, please contact us immediately. For non-emergency questions or inquiries visit our website or contact our Member

Member Support Team

800-798-0833 | Info@GirlScoutsToday.org

During the summer camp season, you can contact a member of the Camp Management Team at Camp Liberty.

Camp Liberty Office

563-843-2956

If you are unable to reach camp in an emergency, you can call the Quad City Area Leadership Center during business hours. After business hours, please contact the emergency answering service.

Quad City Leadership Center

800-798-0833

Emergency Number

309-764-8833

The Vice President of Property and Outdoor Experience and the Camp Director are always available to answer questions.

Stacy “Truffles” Conforti

Vice President of Property and Outdoor Experience
563-583-9169 | StacyC@GirlScoutsToday.org

Kailyn “Lumos” Miller

Camp Director
563-265-0629 | KailynM@GirlScoutsToday.org

Camp Liberty Staff

Camp staff are carefully chosen and interviewed for their skills and abilities, belief in the ideals of Girl Scouting, love of the outdoors, and passion for children’s education. Many are college students, as well as Girl Scouts and former campers. All staff complete intensive training related to their position, often including First Aid, CPR, camp craft skills, child development, waterfront skills, and creative art. Girl Scouts of Eastern Iowa and Western Illinois celebrates Girl Scouting’s worldwide connections by hiring a selective group of counselors and staff from the United States and abroad.

Asking for Help

At Camp Liberty, every counselor, staff member, and employee is there to help. Our goal is to provide a safe, memorable, and happy experience for your camper. Talk to her ahead of time about asking for help when needed and how to share it with camp staff. Remind your camper that while very talented, the counselors can’t read minds and that it is okay to ask for help.

Similarly for caregivers, the staff and directors are more than happy and willing to assist in any way, but we can’t help if we don’t know there is a problem. Please email or call if you need anything.

Group Agreements

General guidelines at camp are as follows:

1. Be Safe 2. Be Respectful 3. Have Fun

Additionally, campers will develop Group Agreements with their counselors and other campers which will determine the guidelines they want to live by during their stay at camp.

In fitting with the guidelines above, Campers are not permitted to use, or have in their possession, tobacco, alcohol, or drugs in any form. No illegal substances will be permitted by anyone at camp.

Anyone in violation of this policy or anyone behaving in a manner that is dangerous to themselves or others will be sent home at the guardian's expense. If you or your camper has specific concerns, please contact the Camp Director prior to checking into camp.

No Bully Zone

There is a zero tolerance policy for bullying at Camp Liberty. Our staff is trained to identify and respond to signs of bullying behavior. We encourage any girl to share any concern she may have with the way she or any other girl is treated while at camp. If a camper has been bullying others while at camp they will be sent home and their camp session will not be refunded.

Inclusion

Every girl should have the chance to go to camp. If your camper requires special accommodations (dietary, physical, behavioral, etc.), please contact us immediately so that any necessary accommodations may be made prior to your camper's arrival. To discuss your camper's special needs, please contact our camp team at Info@GirlScoutsToday.org

Diversity, Equity & Inclusion

Girl Scouts of Eastern Iowa and Western Illinois and Girl Scouts of the USA support pluralism and inclusion. We are an inclusive organization and accept all girls in grades Kindergarten through 12 as members.

The Girl Scout organization stands firm in valuing diversity and does not discriminate on the basis of age, race, religion, ethnicity, sexual orientation, socioeconomic status, national origin, or physical or developmental disability.

We strive to prepare our girl members to make the world a better place by ensuring they learn not only about themselves, but also about acceptance, tolerance, and appreciation of other human beings.

You can expect that we will,

- * Create an environment where all girls have the opportunity to participate in a movement that encourages them to overcome barriers and become leaders in their community and world.
- * Encourage everyone to think, speak, and act in ways that ensure all people feel they belong and can meaningfully participate in all aspects of Girl Scouting, regardless of age, race, religion, ethnicity, sexual orientation, socioeconomic status, national origin, or physical or developmental disability.
- * Teach girls to develop and maintain healthy relationships by communicating their feelings directly and resolving conflicts constructively.
- * Make reasonable efforts to provide accessibility to girls of all levels of ability.
- * We will inspire girls to help make our world a better place as a more equitable and just world for everyone.

Camp Survey

All campers will be asked to complete an evaluation during their camp session. Caregivers of campers also have the opportunity to complete an online survey asking for feedback on their campers' experience in the weeks following her session. Your input on the camp experience is important. Your information is used to help us make continuous improvements. We thank you in advance for completing this survey.

Trading Post

The Camp Liberty Trading Post is your source for camp souvenirs, gifts, patches, toiletries and many other fun camp accessories. Each camper will visit the Trading Post at least once during her time at camp.

Campers will learn about financial literacy when they go to the Trading Post as part of the Summer Camp Program. Before shopping, they will participate in activities to identify needs versus wants, budgeting, making change and much more.

Girl Scouts of Eastern Iowa and Western Illinois is not responsible for any items purchased at the Trading Post that are lost or stolen during your camper's stay.

Treat Tokens

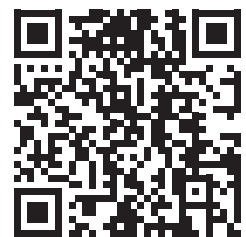
The Trading Post will carry frozen ice cream treats that can be purchased by campers during their visit.

Every camper will receive a token that can be redeemed at the Trading Post for a free frozen treat during their stay at camp. Nondairy items are also available.

Camp Merchandise

The exclusive Camp Liberty shirt, patch, and Camper Care Packages can be ordered prior to your camper's stay. Merchandise must be ordered by May 7, 2024. A wide variety of other camp merchandise will be available during your campers visit to Camp Liberty Trading Post.

Scan to order
the official 2024
summer camp shirt,
patch, and more!



Preparing Your Camper

One of the primary goals of summer camp is to offer progressive experiences that allow girls to develop new skills and confidence. Coming to camp and being away from home and family for an extended time provides a great opportunity for growth.

It is important that each camper be able to care for her own general well-being. While counselors are always there to support them, campers are expected to eat meals, get enough sleep, shower, groom, dress themselves, and communicate with camp staff.

Help your camper get ready for camp by being excited! Let her know that you want her to have fun and learn new things. Emphasize that your camper is “going” to camp, instead of saying you are “sending” her. If your camper has any anxiety about the dark, bugs, night noises, or being away from home, please start preparing her for these things now.

Preparing for Camp

- Plan some outdoor activities as a family to get your camper used to hot and humid weather.
- Encourage your camper to pick out her own clothes and help with packing.
- Pick out a security item like a teddy bear or blanket to bring.
- Help her learn how to make her bed and set and wipe the table.
- Make sure she is comfortable doing personal care routines like showering, brushing teeth/hair, and dressing on her own.
- Homesickness is normal. Discuss what it may feel like and suggest ways to help your camper overcome it if she experiences it.
- Talk to other parents and friends who have attended camp so you know what to expect.
- Write notes/letters for your camper and bring them to camp to be delivered to her during the week.

Preparing Yourself

Check out the information available in the Camp Guide and the family handbook. It's totally normal for parents and guardians to have mixed feelings when their camper goes away – whether it's their first time away or not. Remember, you have chosen a fun and safe camp that is ACA accredited and your camper will be well cared for. The staff is trained to deal with any problem from homesickness to First Aid. Try not to let your camper know how much you are going to miss her. Be strong! You don't want her to worry about you while she's at camp.

Payment Information

- * When you register for your camp session(s) we strongly encourage you to setup a payment plan, to make payments over time. You will be able to select an amount, length of time, and day of the month for the payment plan to process. With limited capacity for campers and waitlists, it is important that the camp fee is paid in full by the deadline. Registrations not paid in full by the deadline could result in a cancellation of a camper's session.
- * Payments will display on your account statement as DOCNETWORK INC, the CampDoc and SchoolDoc parent company name. This information is also listed at the time you register and on the email receipt you received.
- * It is important to keep this in mind as you review your credit card statements. If you accidentally dispute a charge from DOCNETWORK INC, you will not be able to make additional payments on your account until the dispute is resolved. The payment in question will be charged back to Girl Scouts. There will be a \$15 fee for any unfounded disputes.
- * When a payment bounces, whether due to lack of funds or incorrectly entered account information, this is called an ACH Return. When paying with a bank account, please double check your account number and routing number. If numbers are entered incorrectly and a payment is attempted, you will incur a \$35.00 returned check fee.

Notes:

Packing for Camp

- ❑ Pack your camper's possessions in a duffel bag or plastic tub with a secure lid. As best practice, all camper belongings should be packed away when not in use.
- ❑ Encourage your camper to pack everything into one suitable sized container for their session. This helps ensure things do not get mixed with other camper's belongings.
- ❑ Mark all clothing and equipment with the camper's name, including luggage or tubs.
- ❑ Pack comfortable, lightweight clothing that is easy to clean. Clothes WILL get dirty at camp.
- ❑ Have your camper wear well fitting, closed toe shoes. Campers wear socks with sturdy closed toe shoes every day due to the poison ivy, gravel, tree roots and other natural hazards at camp. Sandals/flip flops may only be worn in the shower.
- ❑ Remember to pack extra clothing/shoes in case of rainy weather.
- ❑ Zip Lock bags are great for keeping items dry and keeping wet items from leaking on clothes.
- ❑ Have your camper's backpack packed with her Fab Five and check-in materials when you leave home.

The Fab Five

Campers and staff are required to carry the Fab Five with them at all times in their backpack. When preparing for camp, choose a sturdy backpack that your camper will be comfortable carrying all day with the essential Fab Five items and other gear. Please avoid drawstring backpacks, as they break easily and are not comfortable to carry all day. We still encourage campers to bring hand sanitizer and a reusable mask, but it is not required.

Fab Five Items:

1. Water bottle
2. Sun screen
3. Insect repellent
4. Rain jacket or poncho
5. Flashlight

Check-In Items to keep in back pack with the Fab Five:
(Do not pack away in luggage)

Medication in the original container
Trading Post money (optional)

Items to Leave at Home:

- Food! No gum, candy, pop or snacks.
- Electricity is limited so do not bring hairdryers, curling irons or other items requiring electricity.
- Halter tops, tube tops, any clothing or equipment advertising inappropriate material.
- No pocket knives or other weapons.
- Any item that would cause distress if it was lost or damaged.

If these items or any others disrupting to the camp program, they will be collected by a staff member and returned to the camper upon check-out.

Lost and Found

Lost items are displayed for girls to claim every day at each meal. Unclaimed items will be held at Camp Liberty until the last day of summer camp. After camp, items will be sent to the Quad City Leadership Center, 940 Golden Valley Drive, Bettendorf, Iowa. Any items left unclaimed by the third week of August will be donated to Goodwill Industries. We will not mail any items but you can request to have them delivered to your nearest Girl Scout Leadership Center.

Clothing

- Shorts for each day and extras
- Shirts for each day and extras
- Long pants or jeans for hiking, ropes course
- Underwear for each day and extras
- Socks for each day and extras
- Pajamas
- Lightweight sweater, jacket or sweatshirt
- Bathing suit and towel
- Two pairs of good fitting, close toe shoes that can get wet and dirty – No crocks, jelly shoes, or clogs
- Boots or rain boots
- Camp Liberty Necker (returning campers)

Personal Items

- Soap
- Shampoo and conditioner
- Hair brush and/or comb
- Hair bands or other hair accessories
- Toothbrush and toothpaste
- Sandals or flip-flops for shower
- Towels and washcloths
- Deodorant
- Feminine hygiene supplies*
- Eye care needs*
- Dental care needs*
- Other toiletries as needed*

Equipment

- Sleeping bag with a sheet or sheets and blankets
- Pillow
- Raincoat or poncho (Fab Five item)
- Flashlight and extra batteries (Fab Five item)
- Hat with brim
- Laundry Bag
- Insect repellent (Fab Five item)
- Water bottle with camper's name (Fab Five item)
- Sunscreen (Fab Five item)
- Backpack or daypack
- Bandana
- Hand Sanitizer*
- Masks/Face coverings*

*optional

Extra Items

- Inexpensive camera with batteries or charger*
- Stationery or postcards, addresses, pens or pencils, stamps*
- Sunglasses*
- Books, e-readers, magazines, or journal for quiet time*
- Watch*
- iPod or mp3 player*
- Mobile phone*

.....

Equestrian Items

- Cowboy boots, riding boots, or shoes with a heel are required to ride
- Jeans or sturdy pants will be worn each day

.....

Water Session Items

- Extra swimsuit and towel
- Old tennis shoes and aqua socks
- Safety strap for glasses/sunglasses*

.....

Counselor-in-Training Items

- Notebook with pen/pencil
- Craft and game ideas/books
- Watch
- White Polo Shirt
- Khaki Shorts

.....

Outdoor Trip Items

- Nylon stuff sack
- Extra Water bottle

.....

*optional

Health & Safety

Girl Scouts of Eastern Iowa and Western Illinois and Camp Liberty are proud to be an American Camp Association (ACA) accredited program. This accreditation shows that we have undergone a thorough (up to 300 standards) review of our operation — from staff qualifications and training to emergency management. The ACA accreditation combined with safety guidelines from Girl Scouts of the U.S.A. ensure that your camper will be safe during her camp adventure.



Health Team

A nurse, health supervisor, or First Aider is on duty at camp at all times. In emergencies and in cases of non-routine illnesses and injuries, parents/guardians will be notified immediately. In cases of minor injuries or illnesses (ex: bug bites, scrapes, headache, minor sunburn, etc.), treatment will be provided. If health service staff has questions or concerns regarding these minor cases, parents/guardians will be contacted.

Health Information

Health information is required for all participants (girl and adult), regardless of session and program. Health information must be completed online two weeks prior to your camper's session. All campers must complete the record of immunization section. A current tetanus booster (administered within the last 10 years) is required for all campers.

In our continuous efforts to provide the best possible care to our campers and staff, we are partnering with CampDoc.com to collect the health information for all campers at Camp Liberty. The CampDoc system will give our doctors and nurses instant access to camper health information, a key component in providing quality patient care.

The security, confidentiality, and privacy of your camper's health information will always be protected. Only our Health Team will have access to camper health information and the CampDoc.com site is secure, encrypted, and password protected.

Physical Exam

The Physical Examination, including physician's signature, is now optional for most camp sessions. For participants attending a session lasting two nights or more, we encourage families to have their camper examined by a physician within 12 months of their camp session.

Some camps do require a physical if they are staying at camp more than 5 nights or will be leaving Camp Liberty for a night or more. Please see your registration info if you are not certain if your campers session requires a current physical.

Equestrian program campers wearing a brace, splint, sling, cast, ace wrap, or neck or back support may NOT participate in riding. This is a council standard, not the decision of your doctor.

Medications

All over-the-counter and prescription medications must be in original containers with the correct, current label, including the camper's name. **Please bring all medications in a clear re-sealable storage bag with the camper's full name and the name of the session she is attending.** Make sure that the label instructions match the instructions you listed in the CampDoc electronic health record. All medication will be checked in on opening day with the Health Team, who will oversee proper administration of all medications. Medications may NOT be kept by campers (girls or adults).

Camp is a different environment from home and school, with new procedures and rules. We want your camper to have a positive experience. If your camper takes prescription medication for any health related condition, we strongly advise that they continue these medications under the supervision of our Health Team. This will ensure the transition to camp life is smooth and successful. Please let us know if your child's doctor has advised that your camper not take their medications during camp.

Over-the-Counter Medications

The Health Center has a supply of common over-the-counter medications. Unless your camper takes an over-the-counter drug as a part of her regular medication regiment, we ask that you leave over-the-counter drugs at home and use the camp's supply if needed. Please be sure to mark over the counter medications you approve for your camper when completing her health information online.

The following medications are available at the Health Center and are recommended by our camp physicians through our standing orders. They will be administered under the health manager's or designee's supervision; dosed as appropriate for weight and/or age.

- Acetaminophen (Tylenol)
- Ibuprofen (Motrin)
- Decongestant (Sudafed)
- Antihistamine (Claritin)
- Antacid (Tums)
- Antidiarrheal (Pepto-Bismol)

Insurance

Coverage for medical expenses incurred by an illness or injury to a camper while she is participating in camp activities is included in the camp fee. It does not cover pre-existing conditions and is secondary to whatever health insurance coverage families may have.

Inclusion

Every girl should have the chance to go to camp. If your camper requires special accommodations (dietary, physical, behavioral, etc.), please contact us immediately so that any necessary accommodations may be made prior to your camper's arrival. To discuss your camper's special needs, please contact our camp staff at Info@GirlScoutsToday.org.

Head Lice

Camp Liberty has a no lice, no nit policy. We screen all campers before they enter camp. The presence of nits, live lice or dead eggs will require the camper and their belongings to have treatment before admittance to camp. If a positive case of lice is found, we've partnered with Lice Clinic Quad Cities, a professional lice screening and treatment service to provide treatment that day. They will offer the camper with a full service treatment using Zyma Air Therapy treatment at their Quad City clinic at a discounted rate of \$150.00 to Camp Liberty families. This is a \$39 savings. The treatment is guaranteed and campers can return to camp and check-in immediately after the treatment.

Caregivers can choose to take their camper home for treatment. No camper will be admitted back to camp until all lice and eggs (nits) have been removed after the application of a lice killing product. A Do-It-Yourself Treatment Kit from Lice Clinic Quad Cities will be available for purchase. All belongings, including clothes, pillows and sleeping bag must be laundered in hot water and dried in a hot dryer. The camper will need to be completely nit free to return to camp. There are no exceptions to this policy and no refunds for the camp session.

[Lice Clinics Quad Cities – Lice Facts](#)

[CDC – Head Lice Information](#)

[How to perform a lice check video](#)



LICE CLINIC

Homesickness

Homesickness is a normal for campers staying away from home and can often occur at camp, especially if campers have not stayed away from family before. When homesickness occurs, it usually happens usually in the beginning of the week and quickly dissipates as the camper gets settled in to camp life. The first few hours and days are a normal transition phase for everyone and it is typical for girls to adjust at different paces.

There are a few things you can do ahead of time to help prevent long-lasting homesickness:

1. Explain what homesickness is and let them know that it is normal, what it might feel like and that it will go away.
2. Give them some ideas of things they can do to help alleviate homesick feelings.
3. Think about the fun things you will be doing later.
4. Take a special stuffed animal or book that makes her feel secure.
5. Encourage her to talk to your counselor or a friend.
6. Show confidence in your daughter that she will do great and will not experience too much homesickness.
7. Let her know that you want her to have a good time and make new friends.
8. Avoid bargaining. Saying something like, “if you’re really homesick, I promise I’ll come pick you up right away,” sends the message to your daughter that you are not confident in her ability to succeed.
9. Provide her with stationery and self-addressed and stamped envelopes to write you notes.
10. Consider preparing letters and bringing them to check in to be delivered to your girl throughout the week.
11. Do not suggest that she call you if she is feeling homesick. Often, calling home makes homesickness worse and campers do not have access to the camp phone.
12. Lastly, should your camper ask “what if I get homesick?” remind her of the many people at camp who are there to help and encourage her to ask for help if she needs it.

Here are a few things to remember once you have checked your camper in at Camp Liberty:

1. Once you get your camper moved in, try to leave as soon as possible so your camper can start making new friends and get involved with activities.
2. Keep upbeat when you say goodbye. Save your tears until you get to the car where your camper won't see you.
3. Be aware that your camper's counselors will engage the girls in singing songs and playing games as soon as you leave.
4. You can stay connected to your camper by sending her mail and email while she is at camp.
5. You will have access to our Waldo Photo info. Password information will be shared at check-in. Daily posts and photos from all the sessions will be updated in the evening.

If you believe your camper is prone to homesickness, please share this information when filling out her online health information. You can also discuss it with a staff member at check-in without involving your camper.

Safety and Security

Access to camp property is limited, controlled, and only authorized visitors are allowed on site. To ensure the safety and security of camp, limit interruptions in the camp program, and prevent homesickness among campers, unauthorized visitors are not allowed on site.

Severe Weather

Living in the Midwest we have learned to expect the weather to change. At camp we have a communication system to alert all staff and campers of any weather watches and warnings. Our staff are trained and drilled in emergency procedures and our campers participate in drills to make sure they are prepared in case of a weather related emergency.

In case of a weather related emergency, updates can be found on the Camp Liberty Facebook Page.

Mosquitoes, Ticks, and Lyme Disease Prevention

Mosquitoes, ticks, and insect bites are an inherent risk to any warm weather outdoor activity. Ensure that you are aware of the need to have your Girl Scout properly covered, preferably with closed shoes and light-colored clothing and socks. It is important to advise of this risk and the safety precautions they should take. The understanding that your troop, Girl Scout or council cannot be held responsible for tick bites and this can be reinforced with a waiver reference on a permission slip

An excellent resource for learning more about Lyme Disease is the Centers for Disease Control and Prevention. This site is used by medical professionals and patients worldwide to find answers to medical questions.

To learn more about using insect repellent safely, visit the Environmental Protection Agency website at EPA Using Repellents Safely. To learn more about safely using DEET directly on the skin and on children, check out EPA DEET. And for more on skin-applied and clothing-only repellent education, review EPA Insect Repellents.

Check out the Waldo photo website to see what is happening at Camp Liberty. Password information will be available at check-in.

Snail Mail

Campers love cheerful letters from home. You can mail a letter before your camper leaves for camp or after you drop her off. Please address mail as follows.

Camper Name, Session Name
Camp Liberty
4415 295th Street
New Liberty IA, 52765

Send your camper with stationery, pre-addressed envelopes and stamps, and we will help them get the letter in the mail.

Camp Mail Box

Save a stamp and bring your mail to camp with you on check-in day. You can drop your mail in our special camp mail box in the lobby of the Lodge. You can leave a letter for each day, just mark the day you would like to have it delivered.

Email

While campers love to receive letters from home, email is a nice option as well. We will print and deliver email messages to your camper for \$1.00 per page. Messages must be plain text only (no pictures) and must be in the body of the email (images and attachments will not be opened or printed). Emails received after 10:00 a.m. will be delivered the next day. To ensure timely delivery, type your camper's first and last name and session name in the subject line. (Subject: Juliette Low, Adventurer). Send these emails to: CamperEmail@GirlScoutsToday.org.

The \$1.00 per page fee will be deducted from your campers' trading post fund. The profits from this email program go to support the Grants for Campers fund. You can set aside money at check-in when at the Trading Post table specifically for emails.

Cell Phones

With feedback from campers, parents, and staff, we continue to revise and monitor our cell phone policy. While we believe that camp is an opportunity for girls to take a much needed break from the world of electronics, we also understand the changing world we live in. With this in mind, we will continue our pilot cell phone policy. Campers will see more programming utilizing portable technology.

Campers in grades 2-5 attending week-long sessions can bring a cell phone to camp and make one call during the week. Due to their age, the phones will be collected and registered during camper check-in. Phones will be stored in the camp office in the off position until phone day. Girls will have the opportunity to make one call home on Wednesday after breakfast just before they head out to morning activities. Girls who do not bring a phone, will not be able to use another girls phone to make a call home.

eQUESTrian (Level 1) Campers – Due to the age range of girls in the eQUESTrian program, they will not have access to their phones throughout the week. Phones will be collected and registered during camper check-in. They will be able to make a phone call home on Wednesday after breakfast.

Campers entering grades 6-12 will be able to keep their cell phones with them at camp. Girls will be instructed on the appropriate times to use their phones and when the phones should be put away. The phone technology will be put to use as part of the camp program. Some examples of how we will use phones include, photo “hunts”, logging data collected for citizen science projects and exploring social media to promote the outdoors. Campers who do not have phones will have access to other technology. Girls will not have access to phones after our evening activities. Because there is limited access to electricity at some units, we recommend bringing portable chargers. Units with 6-12 graders will have charging stations where camper’s cellphones will get collected at night to charge while sleeping.

If you choose to send a phone with your camper please be aware of the following information:

- Girl Scouts of Eastern Iowa and Western Illinois is not responsible for any loss or damage to phones.
- Due to the rural location of camp, phone service for various providers cannot be guaranteed.
- Electricity for phone chargers is not available in all areas of camp.

Based on our experience, many campers who are having a great time at camp become homesick while speaking to their family at home. During calls please encourage your camper to focus on the positive experience at camp and the things she is looking forward to.

Tips for Camper Communication

Do tell her:

- You know she's having a good time.
- You can't wait to hear all about her new friends, the fun activities she's doing, to see her art projects or to learn all of the new songs she's singing.
- That you hope she's writing down songs, names of new friends, and taking lots of pictures.

Don't tell her:

- Trips or fun things she's missing out on.
- That her sibling cried all night because she isn't there.
- How much you miss her.
- That she can call you anytime and you will pick her up if she is homesick.
- About an ill relative or hurt animal.

Electronic Devices

Your camper is able to bring select electronic devices to camp. Campers can bring CD players, iPods or other MP3 players, digital cameras and electronic readers as long as the device does not have mobile data with access to the internet. We do limit and monitor the use of these devices in order to allow girls to fully embrace the connections they make with other campers and to ensure that our campers are not exposed to material that is inappropriate.

Electronic devices (other than cameras) may be used only during quiet time or before bed and will not leave the cabin/tent. If you choose to send an electronic device with your camper, please discuss the proper handling and storage of the device in a camp setting; for example, do not leave it on the tent floor. Electricity for charging devices is not available at all locations in camp. Girl Scouts of Eastern Iowa and Western Illinois is not responsible for lost or damaged items.

As our team plans for summer 2024, we will continue our staggered camper check-in process.

Please refer to your registration confirmation or the list below for your camper's check in time:

2nd – 5th grade session campers check in at 3:00 p.m. on the start date of their session.

6th – 8th grade session campers check in at 2:00 p.m. on the start date of their session.

9th – 12th grade session campers check in at 1:00 p.m. on the start date of their session.

Families will be notified of changes as they are made.

1. Arrival

As you arrive at camp, there will be staff on hand to help direct you where to go. Ask any staff member if you need help.

You can expedite the check in process by making sure your camper has her backpack with her Fab Five and the items listed below.

Trading Post money – this is optional but you will need money in the Trading Post account to send emails as money will get deducted out per email (see page 16)

All medication – All inhalers, medicated creams, and prescription anynon-prescription drugs need to be checked in with the health service staff upon arrival. They must be in original containers with labels and doctor's release.

During Sunday check-in, families will get a map and be directed to their camper's unit. Please obey all speed limits and signs and do not drive on or park on the grass. A counselor will be at the drop off

2. Health Check

All campers (girls and adults) will have a general health screening before they are checked into camp. This will include taking the camper's temperature and inspecting for head lice. Braids and ponytails will need to be taken out so you may want to wait until after the health check to braid hair.

3. Closing Day Activities

Gates will open to enter camp no earlier than 1:45 p.m. To avoid traffic backups and to keep our camp neighbors happy, please do not arrive early to camp. Limited parking is available in the lower lot while waiting for the gates to open.

4. Closing Ceremony

There will be a closing Scout's Own ceremony starting at 2pm in the lodge that typically lasts around 30-45 minutes. This is a chance for campers to share what they learned or what they're favorite part of their time at camp was. This is a chance for her to build her confidence presenting with her fellow Girl Scouts!

5. Checkout

Please verify your check-out day and time and plan to pick up your camper at the appropriate time. On time pick-up eases your camper's nerves during the anticipation of going home. If something happens and you are running late, please call the camp office so we can let your camper know you are on your way and keep her busy until you arrive.

Please make sure all possible people who may pick up your camper are listed on CampDoc under "Name of adult authorized to pick up your camper" to ensure smooth pick up process. Don't forget to include yourself! The person picking up each camper will be required to show a photo ID. No campers will be released to unauthorized persons or persons without a photo ID.

At checkout you will be advised as to where you can pick up your camper's belongings. Please drive cautiously and follow traffic guidelines while exiting camp.

Tuesday mini session check outs will occur in lower parking lot to not interrupt ongoing camp activities and do not feature at Scout's Own Ceremony.

Arrival & Departure Times

Check-In on Arrival Day

(Sunday and Wednesday)

- 1:00p.m. -3:00p.m.

Check-Out on Departure Day

2:00 p.m. on Tuesday and Friday

Sign-out will follow a Scout's Own Ceremony for Friday departures.

Special Arrangements

Your camper's program activities begin immediately and we don't want her missing out on this valuable time to get to know her fellow campers and settle into camp life. Campers who must arrive late or depart early are asked to make this request to the camp director prior to the camp session. This year we will not be able to allow campers to leave the property during a session and return. If you have concerns, please reach out to the Camp Director prior to camp.

Pets

Pets are not allowed on camp property. Please leave pets or other animals at home when dropping off or picking up your camper from camp.

Registered service animals are the exception. To maintain the health and safety of all campers and their adults, we ask that you contact the Camp Director to make accommodations before arriving to Camp with a service animal.



Camp Liberty

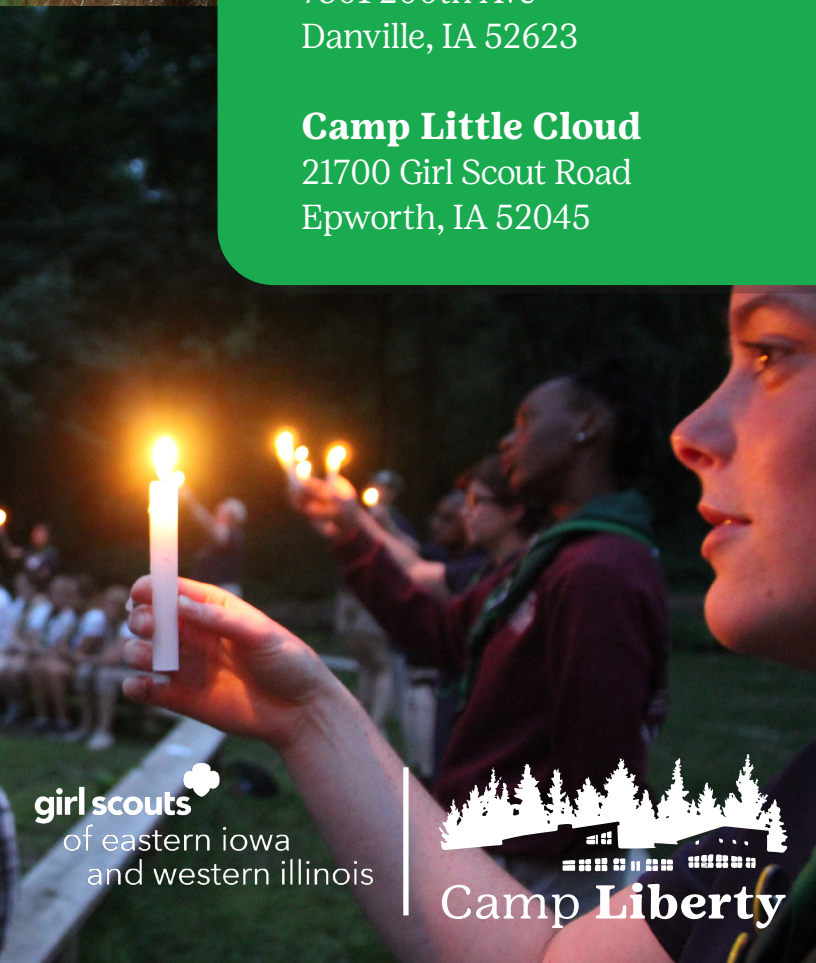
4415 295th Street
New Liberty, Iowa 52765

Camp L-Kee-Ta

7501 200th Ave
Danville, IA 52623

Camp Little Cloud

21700 Girl Scout Road
Epworth, IA 52045



girl scouts
of eastern iowa
and western illinois



Camp Liberty