

# Girl Scouts

## Asian American Pacific Islander Fun Patch Activities

### Asian American Pacific Islander Heritage Month Celebration

#### “I Am a Girl Scout!” Fun Patch

May is Asian American Pacific Islander (AAPI) Heritage Month, an annual celebration of the achievements and contributions of Asians Americans and Pacific Islanders in the United States. It’s a time where we join in paying tribute to the generations of Asian American and Pacific Islanders who have enriched the history of the United States and are instrumental in its future success. Following are the many countries included in the Asian American and Pacific Islander heritage month celebrations as defined by the U.S. Census Bureau.

- ▶ East Asians refers to people from China in addition to Macau, Hong Kong, Korea, Japan, Okinawa, Taiwan, and Mongolia.
- ▶ South Asians refers to people from the following countries: Bangladesh, Bhutan, India, the Maldives, Nepal, Pakistan, and Sri Lanka. Ethnic groups include Sindhi, Gujarati, Punjabi, Tamil, and many others.
- ▶ Southeast Asians refers to people from the following countries and ethnic groups: Burma, Brunei, Cambodia (Khmer, Cham, KhmerLoeu), Indonesia, Laos (Hmong, Lao, Lao Loum, Iu Mien, Khmu, Tai Dam, Tai Leu, and many other ethnic groups), Malaysia, Singapore, Thailand, Timor-Leste, Philippines, and Vietnam (Vietnamese, Khmer Kampuchea Krom, Montagnards).
- ▶ Pacific Islanders refers to those whose origins are the original peoples of Polynesia, Micronesia, and Melanesia. Polynesia includes Hawaii (Native Hawaiian), Samoa (Samoan), American Samoa (Samoan), Tokelau (Tokelauan), Tahiti (Tahitian), and Tonga (Tongan). Micronesia includes Guam (Guamanian or Chamorro), Mariana Islands (Mariana Islander), Saipan (Saipanese), Palau (Palauan), Yap (Yapanese), Chuuk (Chuukese), Pohnpei (Pohnpeian), Kosrae (Kosraean), Marshall Islands (Marshallese), and Kiribati (I-Kiribat). Melanesia includes Fiji (Fijian), Papau New Guinea (Papua New Guinean), Solomon Islands (Solomon Islander), and Vanuatu (Ni-Vanuatu).

We’ve got plenty of activities for you to choose from as you join the AAPI Heritage Month celebration. You’ll discover and learn your way to earning a fun patch!



**Number of activities required to get the patch:**  
 Daisies (3) • Brownies (4) • Juniors (6)  
 Cadettes (8) • Seniors (10) • Ambassadors (12)  
**Now go get your patch! [www.girlscoutshop.com](http://www.girlscoutshop.com)**

## Theme

## Activities

### Art

1. Sketch a portrait of an Asian and/or Pacific Islander individual, past or present, who you admire and write a paragraph about their contribution to our country, detailing why you chose them.
2. Make a music playlist featuring 12 Asian and/or Pacific Islander artists with your favorite styles of music.
3. Identify five books written by authors who are Asian and or Pacific Islander that you would like to read—and start reading one of them!
4. Watch and share with your friends a movie or documentary about Asian American history in the United States.
5. Memorize a poem (or part of one) by the 2021 National Youth Poet Laureate Alexandra Huynh. Read about their journey to becoming a poet.
6. Visit the Smithsonian's National Museum of Asian Art online to learn about Asian and/or Pacific Islander art and share with your family or troop a picture of your favorite piece. Include some background information about the artist and why you like the piece.
7. Create a poster displaying three quotes you love by three historical or contemporary Asian American and/or Pacific Islander figures.
8. Read about Yuri Kochiyama, revolutionary civil rights activist, learn more about her accomplishments, her friendship with Malcolm X, and how she helped define American activism in the 20th century. Write a poem about her life and her accomplishments.
9. Learn about traditional Asian and Pacific Island music and instruments, like the Hmong flute/Qeej, Japanese taiko drumming or traditional Korean music to name a few.
10. Draw three flags from the countries that are part of Asian American Pacific Islander Heritage Month.
11. Learn about the history of the Lei and find a photos of the flowers used by each of the eight Hawaiian Islands.

### Community Traditions

12. Look for a recipe that you can cook with your troop, friends, or family from one of the countries included as part of Asian American Pacific Islander Heritage Month.
13. Learn about three different food items and share with your troop, friends, or family.
14. Learn about a famous Asian American and/or Pacific Islander chef.
15. Learn about the style of folklore from three Asian countries and/or Pacific Islands, then share what you have learned with your troop, family, or friends.
16. Fold a crane! Learn about the traditions of senbazuru (anyone who folds 1000 origami cranes will be granted their wish) and the origami. Get step-by-step instructions via a printout or a video, courtesy of the Asia Society of Texas - 1,000 Cranes for Hope website.

### Discovery

17. Make a list of three Asian American and/or Pacific Islander Olympic athletes, including the medals they won and the sports they competed in.
18. Read a children's book featuring Asian and/or Pacific Islander characters, written by Asian and/or Pacific Islander authors, or illustrated by Asian and/or Pacific Islander artists. Here are a few recommendations: *Bear Came Along*, by Richard T. Morris (Author) and LeUyen Pham (Illustrator), *What Will You Be, Sara Mee?* by Kate Aver Avraham (Author) and Anne Sibley O'Brien (Illustrator), *Apple Pie 4th of July*, by Janet S. Wong or find one on your own.
19. Ask a family member or a family friend of Asian and/or Pacific Islander heritage about their origin.
20. Have a watch party with your family or troop of PBS's five-episode series *Asian Americans*, currently streaming for free. You can earn a point for each episode you watch.
21. Read a short story by an Asian American and/or Pacific Islander author.
22. Find important Asian American and/or Pacific Islander historical sites near you.
23. The National Parks Service maintains historical sites across America. It has collected some of the most notable Asian American and Pacific Islander historic locations on its website, and odds are good that there's one close. Schedule an in-person field trip or visit with your family or troop.