



Girl Scout Gold Award | Project Proposal

Your Name:

NOTE: BEFORE COMPLETING THIS FORM, CHECK WITH YOUR COUNCIL TO DETERMINE IF THEY REQUIRE GOLD AWARD TRAINING AND/OR ONLY ACCEPT APPLICATIONS ONLINE. IF YOUR APPLICATION MUST BE SUBMITTED ONLINE, PLEASE GO TO: [HTTPS://GOGOLD.GIRLSCOUTS.ORG](https://gogold.girlscouts.org).

Prior to starting your project, submit this proposal to:

Council Name: Eastern Iowa and Western Illinois

Street Address: 940 Golden Valley Dr.

City: Bettendorf

State: Iowa

Zip Code: 52722

Email: HighAwards@GirlScoutsToday.org

Phone: 800-798-0833

NOTE: BE SURE TO SUBMIT YOUR PROPOSAL BY THE DATE ESTABLISHED BY YOUR COUNCIL



Your Name:

Prerequisites: You must have either completed A) the Girl Scout Silver Award and one Senior or Ambassador Journey, or B) two Journeys. Please list the prerequisites you completed below and obtain your troop/group volunteer's signature.

Senior/Ambassador Journey	Date Completed	Troop/Group Leader Approval Date
1. Think Like a Programmer - Senior	3/2019	4/3/2020

Girl Scout Silver Award Completion Date	9/1/2017
Council Where You Earned The Award	Eastern Iowa and Western Illinois
Troop/Group Leader Approval Date	4/3/2020

Your Team: List the names of individuals and organizations you plan to work with on your Gold Award project. This is a preliminary list that may grow over the course of your project.

Individual (if applicable)	Organization	How my team will help
Pleasant Valley High School	School	Collection will happen at the school
Environmental Club	School Club	Help to put on project and advertise
John Deere Military Employee Resource Group	John Deere	Will help me find places/people to donate to
Service Learning Group	School Group	Will take some of the supplies to kids in Peru
Mr. Kevin Blount	John Deere	Accept Supplies/Support Project

Your Name:

Proposed Project Description

Gold Award Title: Reuse the Used

Proposed Start Date: 7/1/2018

Proposed Completion Date: 7/31/2020

The theme(s) my Gold Award will address is/are:

Environment & Sustainability

Poverty

My Gold Award aims to address this issue:

At the end of every school year, students empty out their lockers, finding half empty notebooks and unused folders. Many of these students either throw away their supplies or leave it in their basement for who knows how long! These supplies eventually are thrown away and end up in the landfill. If these supplies are reused by students, there are less supplies in the environment and more in the hands of student who need them. If students reuse supplies, less are needing to be made for people to buy. My project allows people to easily drop off used supplies before they leave for the summer to be donated to people who are willing to use these supplies. It also helps those who are in poverty by giving them supplies to educate themselves.

I have done many projects at school over the environment and how it is deteriorating. I realized that I don't need to change the world to help the environment. My basement is filled with supplies that could have been used by me again or by others. After going to Peru on a service learning trip, I realized that I should use all of my supplies or at least donate supplies that can still be used because others don't even have that. I want to help lower the environmental impact my school has on the environment while helping those who need supplies for learning.

The reason I selected my issue are:

Every year after school ends, I pile all my supplies in the basement. I do reuse some of the folders

Root Cause

The root cause of my issue is:

Your Name:

The root cause of the environmental issue is that humans keep on buying things without reusing what they already have. Students like to start the new school year with fresh supplies, even though they could have reused supplies from the year before. When classmates come to school with brand new supplies, students want to also have these supplies to bring with them. Many of these unused supplies are either thrown away at the end of the school year, or they may sit in a basement and then go into the trash bin. Not reusing supplies and other products is the root cause of the environmental issue.

I will address the root cause by:

Many drives collect brand new supplies for organizations. My project will allow people to donate used supplies and also at the end of the school year. Rather than people taking their supplies home, there will be boxes already around the school to drop supplies. If it is easy for people to do something, they will do it. I am hoping that the ease of the process will make people think twice before putting something in the trash or recycling bin.

Target Audience

The target audience(s) for my Gold Award project is/are:

I want to impact my community by not creating a huge environmental impact. I want the students in th

The skills, knowledge, and/or attitudes my target audience will gain are:

I want people to gain awareness about recycling products. Reusing these products will help the envi

I will know that my audience has gained the desired skills/knowledge because:

I will be placing the reusing boxes by recycling and trash bins. At the end of the collection period, I will talk to the janitors to see if they saw a reduced amount of supplies in the recycling/trash bins than the year before. If there is a reduced amount, I will know that my audience will have been impacted. When they are cleaning out their lockers they will have thought twice before deciding what to do with their supplies. This is what I want my desired audience to do with all their supplies and anything else they are throwing away.

Also, the amount of supplies itself in the boxes will show that students have gone through the thought process deciding if their supplies can be reused.

Proposed Impact-National and/or Global Link

Your Name:

My Gold Awards's national and/or global link is:

Climate change is a huge problem in the world today. Waste is only one part of it but it is a very big part. Many teachers and students use a lot of paper and just throw it away. Even though this project does not target that, it reduces the amount of waste that our school goes through every year. Every year students don't use all their supplies, but if these supplies are either reused or given to students who will use them, there won't be as much waste in the world. We need humans to think about their actions and how it affects the environment. This project will spark that thinking and hopefully the students/adults in the community will be more mindful of the environment and what waste does to it.

Proposed Impact-Measurable Goals

Measurement of my project's success:

What my audience will learn/gain	How I will measure impact	When I will measure impact
Mindfulness about recycling	Compare the amount of supplies in recycling/trash bins than year before	6/10/20
Be able to tell what supplies can be reused	How many usable supplies are there in boxes	6/25/20
Kids/families will receive supplies to use	How many kids receive supplies	At the end of the summer

My Gold Award project goals are:

I will collect over 300 usable supplies by the end of the 2019-20 school year.

The students in my school will gain the knowledge of recycling and and be mindful when they are disposing of items by the end of the 2019-20 school year.

More than 30 kids will receive supplies in the community by the end of the 2020 summer.

Proposed Impact-Sustainability

My Gold Award will be sustained beyond my involvement by:

I am going to partner with my school's environmental club to keep this project sustainable. I will be here for two years to keep the project going but after that, they have agreed to take it over. I will leave all the boxes/resources for them, and all they will have to do is the advertising a month before school ends.



Your Name:

They will also have to find places to donate the supplies. I will leave resources/emails for who they can contact.

Create Your Plan

I will put my plan into action by:

Date	Activity	Teammate(s) Needed	Resources Needed	Hours of Work
7/1/2018	Intro to Gold Award	Council Staff	-	1.00
7/1/2018	Mentoring Program-Brainstorm Ideas	Council Staff	-	1.00
7/1/2018	Mentoring Program-Sharing Ideas and Finalizing	Council Staff	-	1.00
7/1/2018	Research on on United Way	JD MERG	Computer	1.00
8/1/2018	Mentoring Program-Brainstorming	Council Staff	-	1.00
9/1/2018	Mentoring Program	Council Staff	-	1.00
8/1/2019	Service Learning Trip to Peru(Research on who to donate to)	Help learn about education/supply deficiency in these areas	Transportation	24.00
8/1/2019	Brainstorming/talking with Service Learning Group about Project	Helped me see how we can take the supplies	-	1.00
12/1/2019	Environment Research	na	-	5.00
1/1/2020	Fill out GoGold Worksheet	NA	Computer	1.00
1/1/2020	Troop Discussion	Gave feedback	Computer	1.00



Your Name:

1/1/2020	Talk with Principal about Project	Give ideas	-	0.50
2/1/2020	Troop Discussion	Feedback/ideas	Computer	1.00
3/1/2020	Application	na	-	1.50
3/1/2020	Communicate with JD MERG	Give ideas/support project	Email	1.00
4/1/2020	Fill out Application	na	Computer	1.50
4/1/2020	High Award Webinar	Council Staff	Computer	1.00
4/1/2020	Create Social Media Posters	na	Computer/Canva	1.00
4/1/2020	Creating Posters	na	Posters/Paper/Markers	3.00
4/1/2020	Finalize Plans with School	Help finalize everything	-	2.00
4/1/2020	Buy Supplies	na	Transportation	1.00
4/1/2020	Complete Application	na	Computer	3.00
5/1/2020	Discuss with Janitors about Project	Keep a watch for amount of waste	-	1.00
5/1/2020	Contact Teachers about the project	Encourage students to donate	-	2.00
5/1/2020	Contact District News Lady	na	Computer	1.00
5/1/2020	Start Advertising on Social Media	Environmental Club will help to	Instagram, Snapchat, Twitter	2.00



Your Name:

		advertise		
6/1/2020	Start Collecting at school	Encourage students to donate	Boxes	3.00
6/1/2020	End Collection	Help pick up boxes	Transportation	2.00
6/1/2020	Sort Supplies	Help sort supplies	-	8.00
6/1/2020	Pack Supplies for Peru	Help pack supplies	Suitcases	2.00
6/1/2020	Discuss with MERG about who could use supplies	Resources to donate to	-	1.00
6/1/2020	Donate Supplies through MERG Program	Help donate supplies	-	3.00
6/1/2020	Reflect with Janitorial Staff	Feedback on effectiveness	-	1.00
7/1/2020	Compile Project Data and Fill out ending application	na	computer	8.00
7/1/2020	Compile Information for Club to keep sustainable	Environmental Club	na	2.00
7/1/2020	Find place to store materials for future years	Pleasant Valley High School	na	2.00

Total Hours: 92.50

Estimate your project expenses and how you plan to meet those costs (e.g., donations, cookie proceeds, money-earning project):

Item	Source of Funding	Amount
Boxes	Pleasant Valley High School	\$0.00
Paper/Posters for Advertising	Donation	\$20.00



Your Name:

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The strengths, talents and skills I currently have and will put into action are:

- Project Management
- Character
- Confidence
- Implementation
- Time Management

The skills I plan to develop as I work towards earning my Gold Award are:

Organization: will allow me to finish my project in a timely manner

Risk Taking

Collaboration: this will allow me to connect with organizations/people I don't know

Tell the World!

I will let others know about my Gold Award (the impact of my project, what the Gold Award is, and what I learned in earning it) by promoting via :

Note: This is NOT about your Gold Award's sustainability.

- Social Media
- Articles

Project Advisor Name:

Date of Proposal

Date of Validation: 4/3/2020

Submission: 4/3/2020



Your Name:

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Prerequisites: Two Senior or Ambassador journeys or one journey and the Girl Scout Silver Award. List two journeys that you have completed along with your troop/group volunteer’s signature.

Senior/Ambassador Journey Books	Date Completed	Troop/Group Volunteer’s Signature
1. Mission Sisterhood (English)	06/24/2018	

Girl Scout Silver Award Completion Date	02/13/2017
Council Where You Earned the Award	Eastern Iowa and Western Illinois

List the names of individuals and organizations you plan to work with on your Take Action project. This is a preliminary list that may grow through the course of your project.

Individual (if applicable)	Organization	Team Role
Radha Selvester	Days For Girls	Mentor
Joan Mollenhauer	Days For Girls	Mentor



Your Name:

Take Action Project

Project Title: Code Red

Proposed Start Date: 04/21/2019

Proposed Completion Date: 05/31/2020

Please select which, if any, of the following four national program pillars your project most closely addresses. If necessary, check “Other” and elaborate.

- STEM:** Discover all about engineering, computer science, and outdoor STEM through programming that will ignite your interest and increase your confidence and competency in STEM.
- Outdoor:** Our progressive programs let you experience the outdoors as you build your skills and participate in adventure opportunities that, will help you become a thoughtful and caring environmental steward.
- Life Skills:** Civic engagement, healthy living, communication, financial literacy, cultural arts, global citizenship... You'll gain skills in these important areas and more, enhancing what you've learned in school and preparing you to succeed in the world.
- Entrepreneurship:** Starting with the iconic Girl Scout Cookie Program, you can change the world by learning business skills and exploring a variety of entrepreneurial opportunities, including social entrepreneurship.
- Other:**

Describe the issue your project will address and your target audience. (Remember your 15-second pitch.)

My project will address the issues of menstrual health concerns and period poverty in Linn County in teenage girls. By providing Days For Girls kits to these girls through their schools, they do not have to miss school during menstruation and are able to focus on their education. Along with providing kits, I will educate girls about feminine health and raise awareness for the Days for Girls organization and their mission.

Discuss your reasons for selecting this project.

From the first time I volunteered for Days For Girls at my local chapter, I had ideas of completing my Gold Award with the organization. Days for Girls is a nonprofit organization that constructs and distributes sustainable menstrual health kits to women and girls in impoverished countries. My project opens a new door for Days For Girls in the Linn County area, as I plan to distribute locally instead of overseas. I plan to distribute kits to middle school girls in the Cedar Rapids area who are struggling with managing their menstruation. The kits consist of one Care and Use sheet, eight absorbent liners, two Ziploc bags for





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washing and storage, one washcloth, two pairs of panties, one bar of soap, two waterproof shields and one drawstring bag to hold all components. DFG’s mission is important because 300 million women of reproductive age around the world live on less than \$1.25 per day, and struggle to meet basic needs such as food, water, hygiene and shelter. To manage their menstration, they resort to using unsanitary materials like rags, cardboard and even cow dung. I contacted Radha Selvester from a chapter in Alachua, Florida to find out more about DFG, per recommendation of my local chapter leader, Paula Blessman. Ms. Selvester introduced the idea to me when explaining how her Florida chapter has been distributing locally, as well as internationally. I realized how local distribution was not only a cost savings for local women who may not be able to afford feminine products, but also an environmentally friendly alternative to disposable products. Families who are unable to afford food are most likely unable to afford pads and tampons either.

Outline the strengths, talents, and skills that you plan to put into action. What skills do you hope to develop over the course of your project?

I am a great public speaker and a team player. I am a hard worker with a passion for serving my community. I feel I am able to use my skills in this project, as well as develop leadership skills.

Briefly describe the steps involved in putting your plan into action, including any resources, facilities, equipment, and approvals needed. (Attach a detailed project plan as well.)

The first step I plan to take is presenting the Days For Girls ambassador of women’s health presentation and discussing how to use the kits with middle school counselors. I have already reached out to the following schools and I have estimates for their interest for kits; Wilson Middle School (50 kits), McKinley Middle School (50 kits), Harding Middle School (100 kits), Excelsior Middle School (100 kits). My goal is to make at least 300 kits. If needed, I will give the presentation to the middle school girls I plan to help as well. To raise money to support the kits I will make, I plan to work with a local yoga center to host a class with a Days For Girls theme. This will not only promote local DFG chapters, but raise money for my project as well. I will work with Paula Blessman, Joan Mollenhauer and others involved with the Cedar Rapids DFG chapters to construct the kits. The Cedar Rapids chapters will sustain my project as they plan to continue supplying middle schools with DFG kits.

Estimate overall project expenses and how you plan to meet these costs.

Since I am working with the Cedar Rapids chapters, I plan to use some of the resources they have already accumulated from donations and sponsors. To meet the rest of my costs, I will fundraise with a local yoga center by hosting a Days For Girls themed class, and advertise about this class in my school and church. By accepting a portion of the yoga class cost and free will donations, I will support not only my project, but





Your Name: _____

international projects the Cedar Rapids chapters are working on as well. I also plan to apply for the Toyota grant to help fund my project and fund the DFG backpacks I will offer to local troop leaders as Girl Scout service projects. I have estimated the cost per DFG kit to be \$14.77 per kit. I am hoping to rely mostly on donations by my personal fundraising, local chapters and the Toyota grant. My fundraising goal for the kits I plan to make will depend on the current donation amounts of the Cedar Rapids chapters when I start my project and the specifics of the schools I contacted.

What methods or tools will you use to evaluate the impact of your project?

I plan to conduct follow up meetings with all schools I distribute to, and evaluate progress. From here, I will make changes according to the needs the counselors share with me.

How will your project be sustained beyond your involvement?

Both Cedar Rapids Days For Girls chapters, organized by Paula Blessman and Joan Mollenhauer, will continue distributing kits to schools after I finish my project. I also plan to organize a few backpack service kits with the instructions and supplies needed to make a DFG kit, as well as where to deliver the donations. These backpacks would be available for troop leaders to check out to make with their troops.

Describe how you'll let others know about your project, its impact, and what you learned (e.g., website, blog, presentations, posters, videos, articles).

By raising money for my project, I will raise awareness for the Days for Girls mission and awareness for the local chapters. After my project is over, hopefully those who have seen my work are inspired to volunteer on their own. I also plan to present my project to my county through 4-H. By offering service backpacks for troop leaders, my project will be shared with various Girl Scout troops for years to come.

Your Signature: _____ **Date:** _____

Project Advisor's Signature: _____ **Date:** _____

Council Representative Approved: _____ **Date:** _____





Your Name:

Impact Planning

Using the Impact Planning Chart, describe the impact you hope your project will have on your community and your target audience.

Impact On . . .	Goals	Potential Impact
Community	<p>What community issue do you plan to address?</p> <p>I plan to address menstrual health concerns and period poverty found in teenage girls.</p>	<p>What examples of project impact might you see in the future?</p> <p>My project will give girls (who otherwise would not have the money to get proper menstrual health care) the care they need to be able to attend school feeling comfortable and confident.</p>
Target Audience (e.g., workshop participants, other youth, community members)	<p>What skills, knowledge, or attitudes will your target audience gain?</p> <p>The middle school girls who will receive the kits will have a reusable menstrual health solution, and increased knowledge of taking care of their bodies.</p>	<p>How will you know your audience gained skills/knowledge?</p> <p>I will follow up with school counselors to see how to improve my project and measure the success.</p>

